

30 نيسان 2015  
42  
(4)  
دايرة 5

## Disorders of Keratinization

(تقسيمه روك)

- 1-Ichthyosis
- 2-Erythrokeratoderma
- 3-Porokeratosis
- 4-PPK
- 5-Acanthosis nigricans AN
- 6-Pityriasis rotunda ✓
- 7-Peeling skin syndromes ✓
- 8-Folliculocentric keratotic disorders ✓
- 9-Pityriasis rubra pilaris ✓ PRP
- 10-Darier's disease and related disorders (TAD and PAD)
- 11-Confluent and reticulate papillomatosis
- 12-Others. ✓

# Ichthyosis

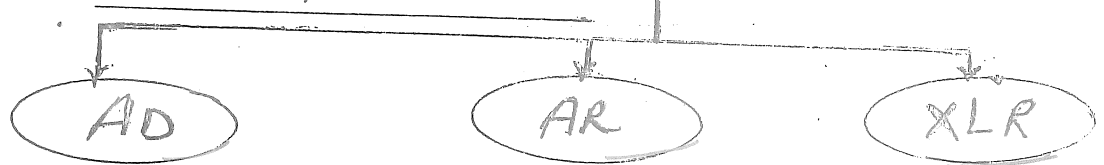
ip. 4. 8

Def: This term comes from Greek word "Ichthys = Fish"

Ichthyoses: group of (Genetic & Acquired) disorders  
ch-by (Generalized, persistent, non-inflammatory scaling  
of skin.

## Classification:-

### A Hereditary Ichthyoses:



- ✓ Ichthyosis Vulgaris (الاسم القديم)
- ✓ BCIE (Epidermolytic) (Ichth. Hyperkeratosis)
- ✓ Ichthyosis bullosa of Siemens (IBS)
- ✓ Ichthyosis Hystrix (IH)
- ✓ Ichthyosis En Confetti: BCIE → Ichth. = Confetti like Island of NL skin (K 10)
- (Lamellar Ichthyosis)
- ✓ NBCIE (CEI)
- ✓ Harlequin fetus or Ichthyosis
- X-linked Recessive Ichthyosis
- ✓ Ichthyosisiform Syndromes: "10"

- Refsum's
- Rud's
- Netherton \*
- Sjogren Larsson
- CHILD \*
- KID \*
- Conradi Hunsicker
- Chanarin Dorfman
- PIBIDS
- Multiple Sulfatase deficiency.

### D Acquired Ichthyosis:-

### E Related disorders:

- Ichthyosis linearis circumflexa.
- Ichthyosis Bullosa of Siemens
- Erythrokeratodermas
- Pit. Rotunda

• Skin Peeling Synds.



# Hereditary Ichthyoses

## 1- Clinical Picture

"2nd Most Common"

### Vulgaris (AD)

### Lamellar (AR)

### X-Linked (XLA) (only)

1:250

1:50,000

Onset:

Not at birth, Most at 1st Year & early childhood (5y) (3-12ms)

at birth → Colloid ion baby

at or shortly after birth (غالباً مولود بقرية) (< 3ms)

Course:

improves w Age & Show Seasonal Variations (Winter → Summer)

Constant w Age & Shows Seasonal variation (تاب)

as Lamellar. (تاب)

Site:

Scales ch: Fine - Very rough.

Scales ch: large, dark brown, plate like → chic mosaic or bark-like or fish appearance.

Scales → large dark polygonal chic → dirty appearance

Site: usually → Trunk & extensors

Site: Generalized w Accentuation at ↑↑ flexures.

Sites:

Sparring: Face (H. Seb. secretion) (AR) XX

Colloid ion baby at birth → 2-3w → them membrane desquamate →

usually at: - Trunk, extensors, Neck (dirty neck dis), Ankle. May be: at flexures

Flexures (dit Moisture)

Lamellar Ichthyosis (w chic scales)

Sparring: Face X (except preauricular area w is pathognomonic) & Palmo-plantar. X

Allegria

AD (sup. 1st) small KP (Keratosis pilaris). PPK Refsum's synd.

Ectropion (Tup. 1st) scarring Alopecia PPK Nail dystrophy Rud's & Sjogren Larsson synd.

Corneal Opacity (10-50% CASY mpt). Testicular abnormalities: 20% ← Cryptorchidism only Hypogonadism Cancer Testis Kallman synd. Multiple Sulfatase deficiency

Antibiotics (علاج) ↑ Staph colonization at flexure → Inf & bad odour

NB. Bathing Suit Ichthyosis: Type of lamellar affect the warmer areas.

## • Non Bullous Cong. I.E (NBCIE) (IE)

• AR, Collodion baby at birth 2-3 wks → fine scaling & Erythema عروق → ↓↓ Erythema & scales persist.

• Very similar to Lamellar Ichthyosis but differs in:

- (ass) [
- 1- Erythema
  - 2- fine scales
  - 3- Less Ectropion
  - 4- No Scarring Alopecia
  - 5- HP: Hyperkeratosis + Normo or Hypoerythematosis
  - 6- +ve PAS & Lactin staining of st. corneum
  - 7- More common & ± improve w age.

Ass:-  
- PPK  
- Alopecia  
- Nail dyst.

## • BCIE = Epidermolytic Hyperkeratosis (AD):

↓  
• (عروق) مكوّنات

- 1- Bullae (& Erosion)
- 2- Erythema
- 3- Scaling ..

• Bullae & Erythema  
↓↓ w Age while Scaling ↑↑:-

• ↑ Hyperkeratosis: →

• yellow-brown waxy Corrugated scales  
at flexures, abd. & scalp; sometimes  
forming spines (hystrix)

• (عروق) ↓

• PPK (60%) → "in K1 Type"

• Antibiotics (عروق) ↓

• Verrucous plaques at bony prominences  
When dislodged → Erosion → reform again.  
• ↑ Staph colonization at flexure → Inf & bad odour.

NB. Bathing suit Ichthyosis: Type of lamellar  
affect the warmer areas.

Supplies

## 2. Defect & Pathogenesis in Each Type. (Etiopathog)

1. Vulgaris  $\xrightarrow{\text{defect}}$  Filaggrin.
2. Lamellar  $\rightarrow$  TG1 Enz.  $\left. \begin{array}{l} \text{Defect CCE} \\ \text{(Epid. barrier)} \end{array} \right\}$
3. X-linked  $\rightarrow$  Steroid sulfatase Enz.
4. BCIE  $\xrightarrow{\text{defect}}$  K1 & 10. Hyperprolif Ks
5. NBCIE  $\rightarrow$  unknown.  $\left( \begin{array}{l} \text{TG-1} \\ \uparrow \text{Expression} \\ \text{of K6, 16, 17} \end{array} \right)$

### Cell Kinetics

in Types 1, 2, 3: NL cell Kinetics

"Retention Hyperkeratosis"

Types 4 & 5:  $\uparrow\uparrow$  Cell Kinetics "Hyperproliferative Hyperkeratosis"

NB :-

1. IV (another defect) :  $\downarrow$  serine protease  $\rightarrow$  persistence of DSG1  $\rightarrow$  Retent

2. XLR: Defective steroid sulfatase  $\rightarrow$  :-

a. Failed dissolution of cholesterol sulfate (Morter)  $\rightarrow$  Retent

b. Failed deconjugation of DHEA-S of placenta  $\rightarrow$   $\downarrow$  Estrogen  $\rightarrow$  Failed cx. dilatation  $\rightarrow$  نتول بقع

1. Vulgaris :-

### 3. Pathology

- Hyperkeratosis ( $\bar{e}$  follicular plugging)
- $\rightarrow$  Hypogranulosis ( $\bar{e}$  KH granules  $\rightarrow$   $\downarrow$  Filaggrin)

2. Lamellar: (not diagnostic) :-

• Hyperkeratosis

• Normogranulosis

3. XLR:  $\pm$ ve PAS & Lectin of St. Corneum (NBCIE  $\rightarrow$  Both +ve).

• Hyperkeratosis

• Normo or Hypergranulosis.

4. BCIE = Epidermolytic Hyperkeratosis or granular degeneration.

• granular layer shows: Perinuclear vacuoles, large clumped KH grs., Cytolysis or Rupture  $\rightarrow$  Inter & intra cellular spaces  $\bar{e}$  Blister formation [suprabasal]

peripherap to the vacuoles,  $\rightarrow$  indistinct cell boundaries & lightly staining material on K.H. Clumping.

5. NBCIE

Hyperkeratosis

Normo or Hypergranul

ps. epid. Hyperplasia

Paracentation

# Collodion baby & Hare/Quine fetus

C1p New born infant ch-By :-

- 1- Covered by membrane: <sup>Contracting</sup> Collodion or <sup>ورقة رقيقة</sup> Parchment like. <sub>ورقة لوفان</sub>
2. Skin: baked apple.

1-20ws

Fissured  
Peals

↓  
Ichthyosis  
(السمكة)

AET

- 1- CIE (non bullous) → Commonest
- 2- Lamellar Ichthyosis
- 3- Netherton's synd
- 4- Conrad's synd
5. Idiopathic or Isolated

Complications

← Infection.  
Hypothermia.  
Electrolyte imbalance.

(d.t cut. tissues & impaired function)

III

- 1- High Humid environment  
(Help separation of sloughs).

2. Daivonex
3. Acitretin

## Hare/Quine fetus.

def.

Severe form of collodion baby; in w the appearance of the baby resembles the «Hare/Quine Costume».

- 1- Hyper Keratotic plaques ← Generalized Hard massive fissured (armor-like)
2. 2E ← Ectropion. Eclabium (lips).
3. 2R ← Rudimentary ear. Rarely survive > 1ws.

III غالباً يموت في أول أسبوع

## Collodion baby

(Sausage skin)

**Def:** AR condition in which the baby is born covered with/or encased in a constricting, taut, shiny and transparent membrane formed by the thickened st. corneum that resembles a plastic wrap (sausage skin) then <sup>23</sup>/<sub>W</sub> collodion membrane undergoes desquamation or peeling → Ichthyosis (usually lamellar or NBCIE). Collodion babies are usually borne premature.

شكل السلوفان  
أو  
الأكيس البلاستيك

**Causes:**

• The two most common diseases are: (AR)

- Lamellar ichthyosis (Few)
- NBCIE (80%)
- Self Healing (20%)

Other rare conditions include:  $\leftarrow$  <sup>NL</sup> Netherton  
ED: PIBIDS

- Sjögren-Larsen syndrome ✓
- Gaucher Disease type 2
- Hay-Well syndrome
- Trichoiodystrophy ✓
- Comel-Netherton syndrome ✓
- Ectodermal dysplasia
- Neutral lipid storage disease. (NLSD)

NB: However 10% of collodion babies have normal underlying skin – a mild presentation known as 'self-healing' collodian baby.

**Pathogenesis:** Bologna P.754

HP: α5 (IV) ✓

**Complications**

Physical Constraints

Drying up → Cracks → ≠ Barrier

A- The taut membrane acts like a thick film causing physical constraints of underlying tissues → affect!

- Suckling and nutrition
- Breathing
- Ectropion.
- Constriction bands resulting in reduced blood supply and swelling of the limbs.

B-As the collodion membrane dries up it can crack leading to fissures → affection of the barrier function of the skin →

- Infection
- Overheating or cooling
- Dehydration

### Management

1- Admission to The neonatal intensive care unit (NICU).

2- An incubator provides: a humidified/neutral temperature environment.

3. IV Fluid & Tube Feeding.

skin softening →

4- keep the skin soft and reduce scaling; The collodion membrane should not be debrided (pulled off). Treatment may include:

- Emollients.
- Pain relief such as paracetamol.
- Mild topical steroids to reduce secondary inflammation.
- Artificial tears if there is severe ectropion.

على حسب هيفتر  
ايه بتر ما يقشر

The life expectancy and difficulties that the collodion baby faces depend upon the particular underlying condition.

### Harlequin Ichthyosis

AR

(Harlequin baby)

الثلثيات تشو

Def. Very rare severe form of congenital ichthyosis or collodion baby in which the appearance of the baby resembles "Harlequin" (clown-like Ect)

Pathogenesis: unknown (Defective: ABCA12 gene → defective release of lipids from Lamellar grs → Hypercornification)

C/P: 1- Hyperkeratotic plaques: massive, generalized, hard and fissured.

(2E) 2- Ectropion and Eclabium. → "lip Eversion"

(2R) 3- Rudimentary ear.

4- Rarely survive >1 W.

"Coat of armour"

مع  
البرص

ttt → Acitretin.

اخره

• BCIE = Epidermolytic Hyperk. [Bullae Erythema scaling] [له نوعين من Ichthosis (باعتبارها)]

### • Ichthosis bullosa of Siemens

- (1). Neonatal onset (Not at birth)
- (2). No Erythoderma Nor PPK.
- (3). Bullae (E Molting & Fragility)
- (4). Hyperkeratosis

Hystrix = spine

### • Ichthosis Hystrix of Curth Macklin

- (Not at birth)
- (No bullae, No Erythod.)
- only Hyperkeratosis + PPK
- (BCIE) [باعتبارها]
- Vacuolated binucleated Ks at dermis

K1

K2

## Acquired ichthyoses (Acq. or late onset ichthyosis vulgaris)

**Def.** Acquired or late-onset ichthyosis is a rare and significant occurrence, as it is generally associated with underlying pathology such as malignancy.

**Epidemiology:** \*Age: usually adulthood however, age-associated systemic diseases do occur in children.

\*Sex and Race: no predilection.

**C/P:** as Congenital Ichthyosis vulgaris.

**Causes:**

**A-Malignancy:** (Acq. Ichthyosis is a paraneoplastic syndrome):

- Leukemia
- Lymphoma:

\*Hodgkin's (The most commonly reported malignancy, the skin lesions as a rule occur simultaneously or after the lymphoma is diagnosed)

\*Non Hodgkin's (including MF).

- Sarcomas (Kaposi sarcoma, lymphosarcoma, leiomyosarcoma)
- Carcinomas (breast, lung, colon, etc.,....)
- Multiple myeloma. (MM)

**B-Drugs:**

- Retinoids (Antiandrogen effect  $\rightarrow$   $\downarrow$  sebum).
- Cimetidine (//)
- $\rightarrow$  Clofazimine (قرمز)
- Niacine (and antihypercholesterolemics)
- INH.
- Allopurinol.

**C-Nutritional:**

- Pellagra.
- Kwashiorkor.
- $\downarrow$  Hypo and hypervitaminosis A.
- Deficiency of Linoleic (important constituent of epidermal lipids)

**D-Metabolic:**

- CRF ( $\rightarrow$  Hypervitaminosis A)
- Hypothyroidism.
- Panhypopituitarism.

**E-Miscellaneous:**

- Leprosy (LL)
- Syphilis
- SLE
- Dermatomyositis
- HIV
- Sarcoidosis
- Polycythemia

لحمية

○ Leprosy  $\rightarrow$  itself  
Clofazimine as th

○ Malignancy

## Treatment of Ichthoses:-

1- # of cause [in Acquired Type]

2- Emollients & Keratolytics.

3- Acitretin &  $\pm$  Isotretinoin.

4- Liara Zole: (S.E & Teratogenicity are as Isotret)

**Liara Zole:-**

- Retinoic acid Metabolism Blocker
- cyp2c8 dependent Hydroxylation of all Trans Ret. acid  $\rightarrow$   $\uparrow$  level
- $\rightarrow$  75-150 mg/d

دكتورة جدير



# Syndromes with Ichthyosis (Ichthyosiform synd)

كلهم مني للدكتور  
الاستاذ (3, 4, 5, 6, 7)  
7

- |                     |          |                               |
|---------------------|----------|-------------------------------|
| 1- Refsum's         | 3- CHILD | 6- Netherton (Ep. 10. 11. 12) |
| 2- Rud's            | 4- KID   | 7- Sjogren-Larsson            |
| 8- Conradi-Hunerman | 5- HID   |                               |
| 9- Chanarin-Dorfman | 6- BID   |                               |
- 10- Multiple Sulfatase deficiency.

لوعاوزه تحفظ بسهولة يبقى اول انواع: [3, 4, 5, 6, 7]

## 1- Refsum's (AD) [الرجل]

- I. Vulgaris
- Anosmia, Ataxia, Deafness, Retinitis Pigmentosa & CVS

- Nerve → Deafness
- WBCs → Vacuolated (لشبهه) (البانم)
- Fibroblasts
- Cataract
- Skin (LI of NBCIE) + Lipid droplet on Biopsy.

## 2- Rud's synd. (AR)

- Lamellar Ichth.
- Retinitis pigm.
- CNS → Epilepsy & MR
- Infantalism.

## 5, 6, 7- CHILD KID HID

- XLD
- Cong. Hemidysplasia
- Ichthyosis
- Limb defect
- Keratitis
- Ichthyosis Like
- Deafness (AD)
- Deafness
- [NBCIE] (من خلايا البشرة) ILVEN

## 3- Conradi Hunerman.

- XLD (AR) (W 3 B HSD)
- Cataract
- Chondrodysplasia punctata:
  - premature ossification (Trachea & Verteb.) → stippling e XR
  - Blaschkoid Ichthyosis → Follicular Abopthoderma

## photosensitivity Ichthosis PIBID (Brittle Hair Intellectual impairment & decreased fertility)

- AR, ERCC2/XPD gene defect →
- ① defective DNA repair → photosensitivity
- ② defective Sulfur Content →
  - ✓ - Tiger tail (لحم ناعمة)
  - Trichoschisis (وغافة)
  - Pili torti (= ملتصق)

## 4- Chanarin Dorfman (AR)

- NLSD = Neutral Lipid storage disease ch By Accumulation of (TGs) in Many organs:-
  - Liver → HSM
  - Muscle → Myopathy

## 9- Sjogren Larsson (AR)

- (White) تاركت
- white Matter dis. of brain → plegia
- periorbital white glistening dots



# 10- Multiple Sulfatase Deficiency (Austin dis). [AR]

Due to SUMF1 Gene Mutation → defective Sulfatases enz. group (including steroid sulfatase). ✓

→ Accumulate of:-

- Glycosaminoglycans (GAG)
- Glycolipids (GL)
- Glycopeptides (GP)

→ ↑ Urinary:-

- 1 - oligosaccharides
- 2 - Mucopolysacch.
- 3 - Sulfatides.

CIP 1- Ichthyosis (Lamellar).

2- Coarse facial features.

3- Deafness.

4- Hydrocephalus.

5- Limited Elbow extension.

6- Neurological complications.

نقطة ١. NB:

دورة

① Ichthyosis + Deafness:-

- Refsum's, KID, HID, CHILD?
- Chomarin. Dorfman (NLSD)
- Sjogren-Larsson. (SLS)

→ XLRI

② Ichth + Eye: LI, Refsum's, NLSD, SLS, Tay's synd, KID

③ " + Neuro: NLSD, SLS, Refsum, " , IFAP

④ " + Hair : Tay, Netherton, KID, IFAP.

+ PIBID

- Ichthyosis follicularis
- Atrichia
- Photophobia



## Netherton Syndrome

(Trichorrhexis invaginata, Ichthyosis linearis circumflexa)

Def. Rare AR genodermatosis characterized by:

- 1- Congenital ichthyosiform erythroderma (NBCIE)
- 2- Trichorrhexis invaginata (Bamboo Hair)
- 3- Atopic diathesis (AD) [Ball & socket]
- 4- Failure to thrive. (FTT)

Ichthyosis  
NBCIE → Ich. linearis circumflexa.

Etiology and Pathophysiology:

mutations in the SPINK5 gene that is found on chromosome 5. → disturbed Epidermal Hair shaft Mature & Keratinization

### CIP

- ① Ichthyosis: at first: NBCIE (but No Collodion baby)  
then: Ichthyosis Linearis Circumflexa

↓  
مغزلي، متعرج، متقطع، متقطع  
→ Migratory, Serpiginous, Annular or polycyclic double edged scaly lesions at Trunk & proximal limbs.

- ② Trichorrhexis Invaginata:-



Bamboo hair or Ball & Socket — distal shaft: ball  
proximal: socket  
also: ± pili torti

- ③ Atopy (بأي نوع)

- ④ Failure to thrive: d.t. Associated Enteropathy.

- ⑤ Others: ↑↑ IgE, ↑↑ Eosinophils, ↑↑ susceptibility to infection, dehydration & Electrolyte Imbalance. ↑↑

- Diagnosis
- 1- Hx
  - 2- Genetic diagnosis
  - 3- LIM & EIM of Hair
  - 4- Lab: ↑ IgE & Eosinophils

⑥ TII:-

- 1- Hair (علاخ)
- 2- Systemic manifs. (مظاهر الجهاز)

3- Ichthyosis:  
نفس المظهر

MSU

# ErythroKeratoderma

DNNZ  
Biology

(ErythroKeratoderma)

AD but ± sporadic

Def. Group of Genetic disorders caused by Mutations in Connexin Genes (Gap Junction protein) → (disordered Keratinization) that ch clinically by Erythematous Scaly plaques.

Types → KIDS

Mendes da Costa's synd.

Gotttron's synd.

ErythroKeratoderma  
Variabilis (EKV)

progressive Symmetrical  
ErythroKeratoderma

- at birth or Neonatal period & may improve at puberty or stabilize

○ onset: infancy or Early childhood.

○ Resolution: (as in EKV)

Fixed for life [tend to stabilize after puberty]

يعني تظل عرفت بدون قروح  
طابت ثانية عند البلوغ

of 2 Types of plaques

Fixed Hyperkeratotic  
Maple like or figurate  
arms & Legs.

Migratory Erythematous

at any sites  
lasts for hours - ds  
or days then either  
fade or Migrate  
to other areas.

as EKV but:

① No Migratory  
plaques.

② More at shoulder  
Girdle & buttocks

③ Hands & Feet  
often involved

(Un)common in  
EKV.

- May be asympt. or ass ē itching & burning  
- Both ass ē PPK.  
- ppt factors:-

- Stress  
- Friction  
- Temp changes

✓ Acitretin is the  
# of choice

سوال ۱۵۵

## Q Epidermolytic hyperkeratosis

**Definition:** There is an increase in the thickness of the granular layer, where keratinocytes contain increased number of keratohyaline granules. Perinuclear vacuolization occurs in this area, and the cell boundaries may be indistinct. If vacuolization becomes marked it leads to intraepidermal vesicle formation. The stratum corneum shows hyperkeratosis.

No large clumped

→ The condition occurs in: BCEI bullous ichthyosiform erythroderma, Mal de Meleda keratoderma, epidermolytic acanthoma, ILVEN, verruca vulgaris, naevus comedonicus, solar keratosis, seborrhoeic keratosis, and incidentally with tumours as basal cell papilloma and SCC.

- BCEI, SK, KID
- Keratoderma (Mal de M)
- ILVEN
- Nevus Comd.
- AK
- SK
- Warts
- Tms → SCC
- Bcp

Q51

## Palmo Plantar Keratodermas (ppks)

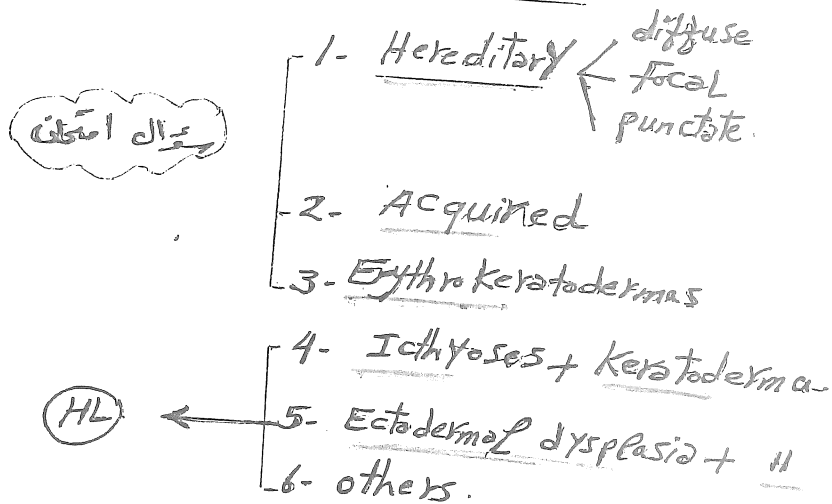
(Tylosis) (Keratosis palmaris et plantaris)

Def. group of Hereditary & Acquired disorders in w there is Hyperkeratosis of palms & soles.

introduction: Basics of Keratin & connexins

(HL) → (P 770)

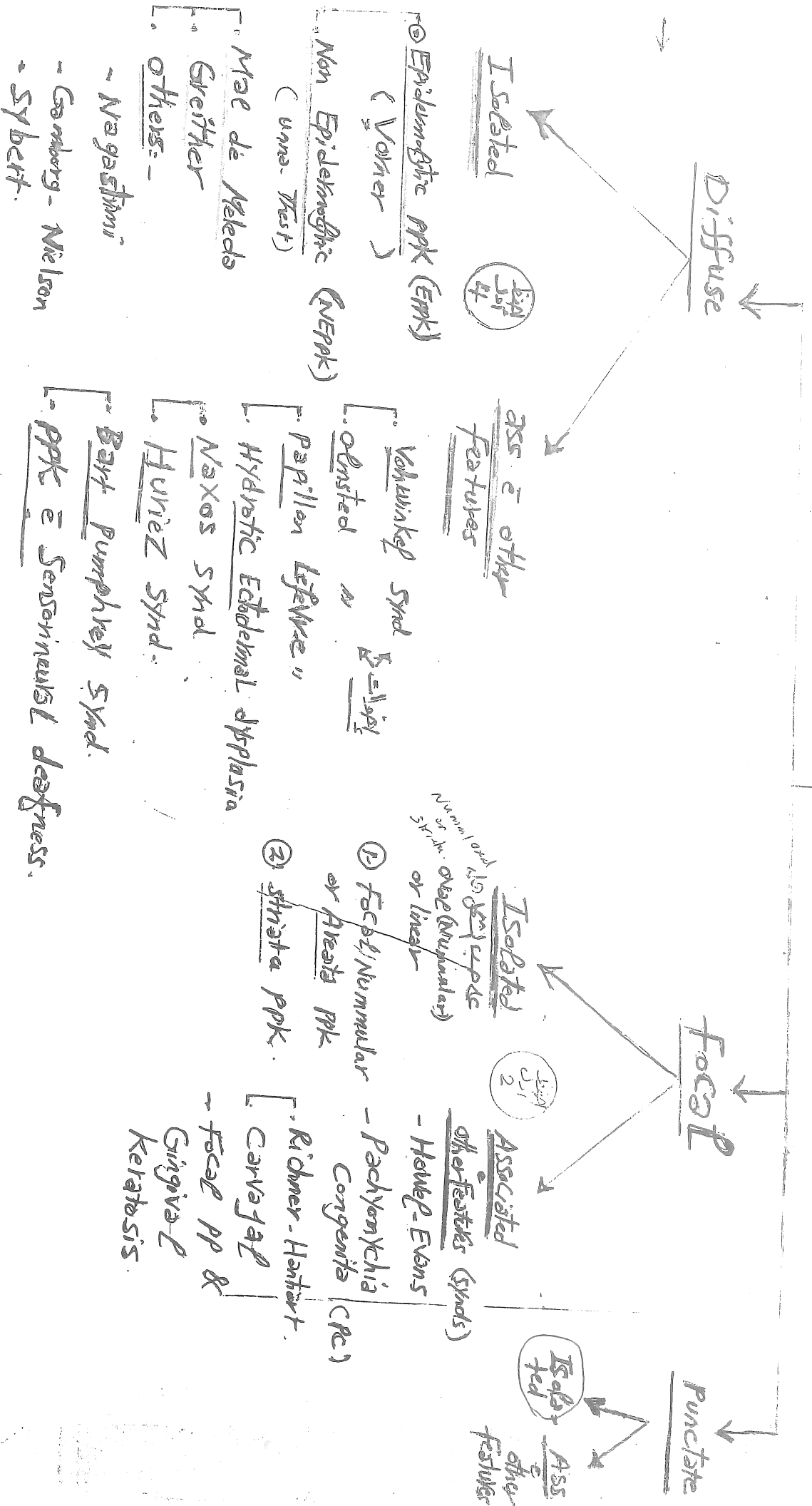
### Classification of PPKs



### Some definitions:-

- diffuse ppk → uniform pp thickening
- localized " (focal) → localized thickening located mainly on pressure areas & acc. to shape of lesion:
  - 1. Areata/Nummular → oval ppk.
  - 2. striata → linear ppk (mainly on palms)
- Punctate → small (1mm-1cm) keratotic papules.
- Transgradient: pp affects extension of keratoderma on to the dorsum of Hands & feet.
- - Non Transgradient: only palm & soles & no upward extension.

# Hereditary PPKs



# PPK Jable

See the Classification

## A. Hereditary

### 1. Diffuse Isolated PPK

Vorner

KPKa

Unna Thost

KI

Mal de Meleda  
Keratitis  
Palmari et pla

Commonest 2 Types

Non Trans gradient

Path → the same but   
 Vorner: Epidermolytic Hyperkeratosis   
 Unna: Non Epidermolytic Hyperk.

Both Trans gradient at <sup>pp</sup> Elbow epidermolytic Knees Hyperk in Path

Meleda: 2 chic:-

2p [ PP Hyperhidrosis → Bad odour   
 Periorificial lesions (less severe than Olmsted)   
 MR

Greither

5-10%

- PPK
- Hypohidrosis
- Achilles & elbow & knee

Transgrad. & progradient (progressive)

chicly → affect Tendon Achilles

ass. → Elbows & Knees Hyperk.   
 Hyperhidrosis

Mal de Meleda } Transgrad PPK } Mal: Perifacial   
 Greithers } Hypohidrosis } Greith: Tendon Achilles, Elbow & knee

All are AD except: (AR)

olmsted → unknown

- Mal de Meleda
- papillon Le-favre
- Naxos
- Carvagat
- Richner-Hanhort

## 2- Diffuse pPK ē ASS:

Features (AD فوق و إلى تحت)

Vohwinkel  
PPK  
(Mutilating  
ppk)  
(AD)

حرف (H)  
- Honey-colored pPK ē star-fish  
Keratosis at dorsal Hand.

- Pseudoain Hum العوابع

- Hyperkeratosis (Linear at ← elbow & knee)

- Hearing loss.

Olmsted  
AEP J22  
(??)

حرف O

Olmsted → Orificial

• Mutilating PPK ē Periorificial  
Keratotic Plaques + Cancer (SCC, MML)

Papillon  
Lefèvre  
periodontitis Hair  
P Nail  
(AR)

تذكر حرف P  
- periodontitis (ē teeth (ass))  
- Psoriasisiform Lesions  
- Nail & Hair.

Naxos  
قلبي و شري

• Woolly Hair & RV Cardiomyopathy.  
Right Vent

Huriez  
رقيب و باج

حرف S

• Sclerodactyly ē superimposed SCC

Hydrotic  
Ectoderm  
dysplasia  
(Clouston)  
(AD)

PPK  
حرف  
Hypo-  
trichosis

Nail dystrophy

Bart  
Pumphrey  
Synd.

ppk  
Knuckle  
Pads  
- Leukonychia  
- Deafness

infancy ē  
دست و باج  
و باج و باج  
و باج و باج



### 3. Focal (localized)

PPK

Isolated  
على شكل

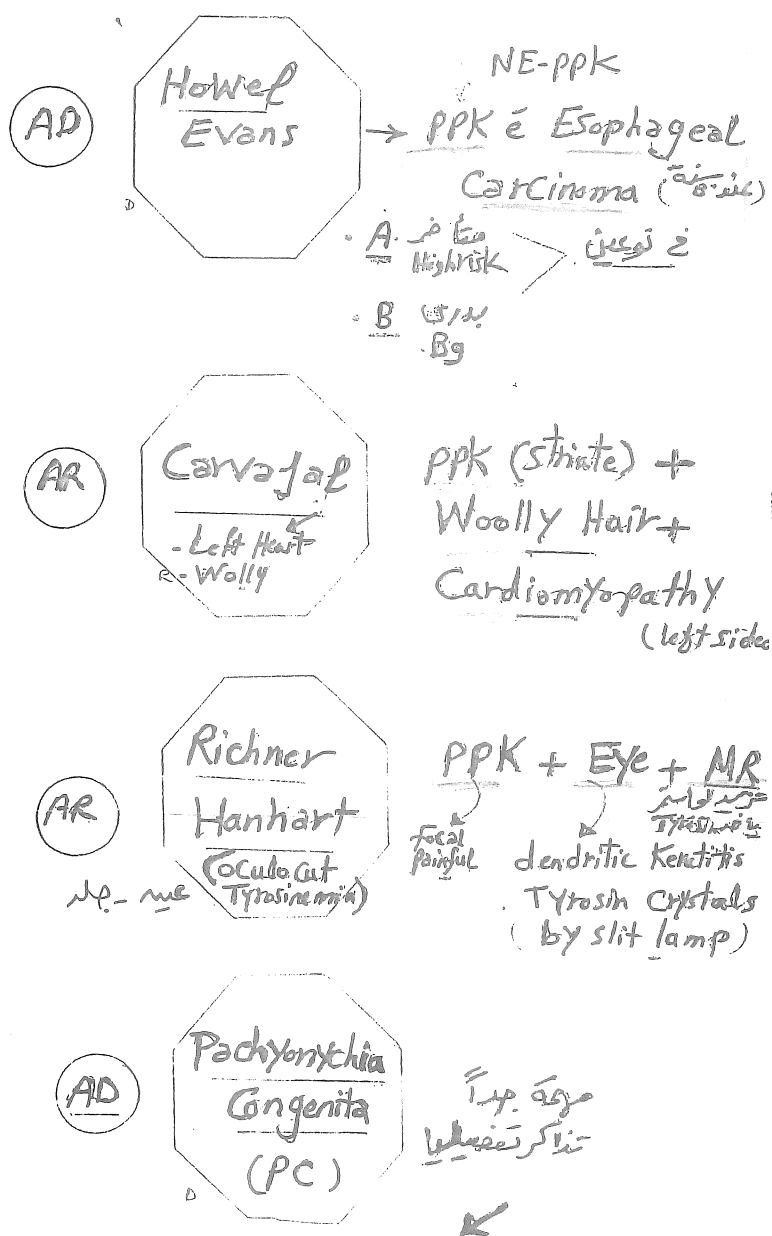
Associated  
e other features  
(AD) الى فوق و الى تحت

Akrota

Evapor Nummular  
HyperK.

Striata

Linear  
- Islands  
of  
Hyperkeratosis



# ④ Pachyonychia Congenita:

(PC)

عُزلَة اصابع

(Short)

def. AD Ectodermal dysplasia ch by "Hypertrophic Nail dystrophy."

- Epidemiology : Age = usually at birth but may appears Later on (PC Tarda) at 10-30 ys.

Sex, race → (No) specific predilection.

## Types of PC:-

incid. of Manis.

PPK	90%
Nail	70%
Follicular H.	50%
Hyperhidrosis	50%
Leukokeratosis	30%
Blisters	20%

① Type I (Jadassohn-Lewandowsky Type):-

dt Mutatn in K6a & K16

② Type II (Jackson-Lawler Type):-

dt Mutatn in K6b & K17

③ PC-III Tarda

PC-I ← skin & Nail MM

1- skin : PPK (focal, NE PPK) ass. e Hyperhidrosis  
K-P (90%) Blister on friction & Moisture

2- Nail: أول حاجة تظهر في خلال السنة الأولى أو الثانية

① Nail bed → subungual Hyperkeratosis → Wedge shaped Thickening

② Nail plate → Thickening, with brown discoloration

\* All (Finger) Nails are affected but!

Toe Nails are less affected.

\* Thickening No dystrophy (as in Dysk. Cong.)

3- MM : oral Leukokeratosis [Leukoplakia like]

Not precancerous PD Dysk. Congenita.

4- other → Hoarseness & rarely resp. obst & death. cataract & opacity

larynx Eye

2. PC-II: as PC-I but differs in:-

①. Cut. cysts  $\left\{ \begin{array}{l} \text{Steatocystoma M.} \\ \text{Epidermoid cyst} \\ \text{Eruptive Vellous} \\ \text{Hair cyst} \end{array} \right.$

②. Natal teeth.

③. No oral Leuko Keratosis

④. less severe PPK & Blisters.

Treatment

1.  $\downarrow$  moisture & friction
2.  $\uparrow$  of Hyperhidrosis
3. Retinoids

Punctate PPK

Isolated

1. punctate Keratosis of palms & soles.
2. punctate Keratosis of Palmar Creases.
3. Acrokeratoelastoidosis of Costa

- < 20y, Asympt, firm, yellow, shiny

Papules at  $\left\{ \begin{array}{l} \text{Marginal PP} \\ \text{Thyroid, Nails} \\ \text{Legs, Nuckles} \end{array} \right.$

- HP: Elastorrhexis

Associated

With  $\left\{ \begin{array}{l} \text{Spondylitis} \\ \text{Lipomata} \\ \text{Mg} \end{array} \right.$

PPK + deafness:-

- ✓ - Vohwinkel
- ✓ - loricrin PPK (Type of Vohwinkel)
- ✓ - Part pumphy
- ✓ - Diffuse  $\bar{e}$  Sensorineural deafness

PPK + Hair, Teeth, Nail Abnormalities:-

- Clouston
- Papillon Lefevre
- Naxos

## Acquired keratodermas

Acquired keratoderma are keratodermas that are NOT inherited as a primary genetic condition. They may occur as part of a generalised skin condition (some of which may be inherited) or as a result of another illness. It is more likely to present in adulthood (compared with inherited keratodermas which usually present in childhood).

- 1- Inflammatory skin conditions
  - Psoriasis *PS*
  - Dermatitis (eczema)
  - Lupus erythematosus *LE*
  - Lichen planus *LP*
  - Pityriasis rubra pilaris *PRP*
  - Erythrokeratoderma *EKD*
- 2- Infections
  - Reiter syndrome
  - Dermatophyte fungal infection (tinea)
  - ✓ • Syphilis *§*
  - Crusted scabies
  - ✓ • Extensive viral warts (usually in immunosuppressed patients)
- 3- Circulatory problems
  - Lymphoedema
- 4- Secondary to inherited conditions that may not usually result in keratoderma
  - Ichthyosis *I*
  - Ectodermal dysplasia *ED*
  - Epidermolysis bullosa *EB*
  - Erythrokeratoderma *EKD*
- 5- Medications and toxins
  - Iodine
  - Lithium
  - Glucan
  - Halogenated weed-killers
  - Arsenic
  - Chemotherapeutic agents used in cancer treatment
- 6- Internal illness
  - Myxoedema
  - Internal malignancy *(2M)*
- 7- Miscellaneous
  - Keratoderma climacterum.
  - Aquagenic keratoderma.

*PS*  
*EcZ*  
*L.P*

fungal  
 viral (W§)  
 parasitic

§  
 SLE  
 ICH  
 EKD

Jan  
 4 ✓

## Acq. Keratodermas

- Keratoderma climactericum
- Aquagenic Keratoderma
- Keratoderma with Myxedema
- Keratoderma with Cancer.

الأسنة  
الماء

### 1. Keratoderma climactericum:

الأسنة  
الماء

Menopause  
obesity  
xerosis

There is painful fissures at pressure points

- Age > 45 ys or Young ♀ after oophorectomy
- CIP: Hyperkeratosis starts as pressure points → extends with severe fissures & painful walking
- aggravating factors → obesity & dryness.

III

#### 1. Systemic:-

- Estrogen Replacement therapy (ERT)
- Retinoids

#### 2. Topical:-

- Estradiol 0.05% oint
- Urea: 25-40%

الماء

### 2. Aquagenic Keratoderma:-

"sep"

- Thickening & white Translucent Pebbly changes

خلال دقائق  
وبعد دقائق  
ماء

→ Shortly after Immersion in Water

usually ass. e → Burning sensatn & Edema &

Hyperhidrosis

Adults -

- (i). thickening e + white Transl. pebbly
- (ii). Edema
- (iii). Burning
- (iv). Hyperhidrosis

Age: 20-30 ys.

Path: NL skin or mildly dilated Eccrine ostia & Hyperkeratosis.

III → III of Hyperhidrosis → rapid improvement

20% Aluminum Chloride Hexahydrate.

### 3. Keratoderma with Cancer:-

ppk may be ass. with Cancer in following conditions

def

def deceptive term indicating "Velvety Thickened Palmar skin with exaggerated NL dermatoglyphics"

- ① Howell Evans → focal NEPPK + Cancer <sup>Esophagus</sup>
- ② Huriez Synd → PPK + SCC on Atrophic areas of skin
- ③ Mutilating Keratoder → Epithelioma Carinatum
- ④ Tripe palms → adenocarcinoma of <sup>stomach</sup> Lung
- ⑤ Arsenical → small corn like areas of Hyperkeratosis on pp surface → ↑ size & No → ulceratn & Mg.
- ⑥ Acquired PPK → may be ass. e Carcinomas of
- ⑦ Spiny Keratoderma: Carcinoma of <sup>Lung</sup> Breast Colon

يحدث بعد تناول مادة أرسينية  
الفترة 10-30 سنة

### 4. Keratodermas with Myxedema:-

- Hypothyroidism may be rare cause of PPK
- Thyroxin <sup>tt</sup> → improvement ✓

### \* tt of PPK:-

- 1- Emollients
- 2- Keratolytics (6% S.A in 70% Propylene Glycol)
- 3- Topical retinoids
- 4- Topical vit. D (Calcipotriol)
- 5- Systemic retinoids
- 6- Acq. PPK → tt of the cause.

# Pityriasis Rubra Pilaris (PRP)

(Lichen RP, Lichen Ruber acuminatus - Devergie's dis)

Def : chr. papulosquamous disorder ch By :-

1. Diffuse scaly scalp
2. Localized follicular Hyperkeratosis
3. Psoriasisiform, scaly, (reddish-orange) plaque
4. PPK
5. Nail changes.

لو كالم مودود مع ديفين ليه

(Typical or classic PRP)

Epidemiology : - Age → 2 Types of PRP

ACQ  
Zoheri  
الظنون

• Familial

(AD but ± AR)

• 1 Peak : Early childhood ✓

• Acquired

• 2 Peaks : 1st & 5th decade

- Sex & race → (No) predilection.

من  
0.  
ال  
من 1.

Etiopathogenesis :- Unknown but ± :-

① Familial (AD or ± AR) . CARD gene Mutatn

② AbNL Keratinizatn & Vit A Metabolism

③ Minor Trauma

④ UVL

⑤ Inf (strep) [as a Super Ag]

⑥ Immunological → Autoimmunity : PRP ± ass ē MG, Myositis or Hypothyroidism.  
→ AbNL response to Ag (ass ē HIV or Int Mg)

" C/P:- →

① Diffuse scaly scalp (SD) like, common initial clinical Manifests.

② Localized Follicular Hyperkeratosis:-

→ Key finding of PRP.

← Rough follicular papules on erythematous base  
on dorsal aspects of fingers (but not <sup>extremities</sup> trunk)  
nutmeg grater like ✓

③ psoriasiform plaques:-

Red-red waxy  
Islands  
Erythema

- red - red-orange scaly patches & plaques on  
Trunk & extremities & areas of sparing "Islands  
of sparing"

- may progress to Erythroderma.

④ PPK (red-orange, waxy Keratoderma) at foot:  
[PRP Sandal]

⑤ Nail changes:-

thickening.  
discoloration: yellow brown.  
Subungual Hyperk.

⑥ others: MM (top like), Hair (Alopecia) & Ectropion

Types (classification) of PRP (Griffiths classification based  
on Age  
Duration  
Type of cut. involvement.)

① Type I (Classical adult)

- Most Common Type (>50%)

- Self limiting (80% in 3 yrs)

- less <  
- Alopecia  
- Itchy &  
- Alopecia

② Type II (atypical adult): as Type I but differ in

- less Common (5%)

- less self limiting (20% in 3 yrs)



- Additional manifestations:-

- PPK  $\bar{e}$  Coarse lamellated scales.
- Ichthyosis of L.L
- Alopecia.

3. Type III (Classic Juvenile):-

10% of cases.

[ Very similar to Type I,

4. Type IV (Circumscribed Juvenile):-

Most Common  
No Eryth.

[ Most Common Juvenile type: ✓  
[ localized (never generalized as the other Types)

5. Type V (Atypical Juvenile):-

- Similar to type II but  $\bar{e}$  More

Ichthyosiform scales  
Chronicity  
Sclerodermoid of fingers.

Recently  $\rightarrow$  6. Type VI [ HIV ass Type]

[ Ass.  $\bar{e}$  HIV  
[  $\pm$  ass.  $\bar{e}$ : Acne Conglobata, HSV & Elongated Follicular Spines  
Resistant to conventional therapy of PRP but  $\pm$   
[  $\pm$  respond to HARRT.

Pathology: Not Specific (useful to exclude other papulosquamous disorders)

① Hyperkeratosis alternating  $\bar{e}$  orthokeratosis & para keratosis  
[ checkerboard like]

② Hypergranulosis

③ Follicular plugging  $\bar{e}$  perifollicular para keratosis  $\rightarrow$  shoulder effect.

④ broad rete & Narrow dermal papillae.

⑤ Acantholysis (adnexal)  $\bar{e}$  focal Acantholytic dysk

EIM  $\rightarrow$   $\downarrow$  KIF & Desmosomes.

$\rightarrow$  Para keratosis  $\bar{e}$  lipid like vacuoles.

$\rightarrow$   $\uparrow$  K-H grs  
 $\rightarrow$  Split at Lamina basal

D.D.: ① Psoriasis :-

- red-orange PPK, follicular hyperk, Islands of sparing → absent in ps. xx

Hy Pergran.  
Follicular →  $\gamma$  PI Path (Acantholysis & focal acantholytic  
Acantholysis  
No Neut. dysk. → PRP)

② SD (other PRP features are absent) resistance to usual tt of  
③ PRP like eruption may be.  
seen in DM pt. (Wong Type).

SD  
↓  
PRP

④ Kawasaki

⑤ symmetric progressive Erythroderma

⑥ other Causes of Erythroderma.

tt → Empirical ← Best: Retinoids  
2nd MTX (Retinoid Resistant Cases)  
Phototh: Combined & Retinoids

① Vit A :

→ Vit A  
وكانت له جداه كبيره  
في علاج هذا المرض  
← Toxicity  
منه قبل

الأفضل ✓

② Retinoids  
Topical & systemic  
↓  
(Isotr. 1-1.5 mg/kg/d for 3-6 ms)  
Acitretin.

③ MTX (10-25 mg/w) if resistant to Retinoids

④ MTX + Retinoids → in severe cases

⑤ other lines [ Emollients, cs  
Topical Vit D  
Immuno suppressives: Cs (Topical & syst)  
Azathyo  
Infliximab  
Anabolic steroids [in response to ↓↓ Serum Level of PRP]  
phototherapy  
may exacerbate PRP so better avoided or combined & Retinoids given  
LCP

# Perforating Dermatoses

gynb1

Def. Group of papulonodular skin disorders ch by keratotic plugs or crusts in (w) dermal CT: 'perforates' or is eliminated through epid.   
 - Collagen   
 - Elastic or Necrotic organism, ..

## 1- 1ry or MAJOR PERFORATING DISEASES

Disease	Incidence	Time of onset	Location	Perforating substance	Associations
- Reactive perforating collagenosis (RPC), inherited	Very rare Transient	Childhood (AR)	Arms, hands, sites of trauma	Collagen	None
- Elastosis perforans serpiginosa (EPS)	Rare, M>F persistent	Childhood, young adulthood; variable with penicillamine-induced	Neck, face, arms, areas other flexural	Elastic tissue	Genetic diseases (see Fig. 95.13), penicillamine
- Perforating folliculitis	Common	Young adulthood	Trunk, extremities	Necrotic material	May simply be ordinary folliculitis with follicular rupture, i.e. not a specific entity
- Acquired perforating dermatosis, includes acquired RPC, Kyrle's disease <sup>(*)</sup> and, occasionally, acquired EPS	Common (10% of dialysis patients)	Adulthood	Legs or generalized	Necrotic material, collagen or, uncommonly, elastic tissue	Diabetes, renal disease, pruritus, rarely liver disease; may be end stage of perforating folliculitis
- Perforating periumbilical calcific elastosis (perforating calcific elast)	Very rare, (more common in black women)	Adulthood	Abdomen, periumbilical	Calcified elastic tissue	Multiparity

2 2ry / Incidental: GA, NBLD, Sarcoidosis, Calcinosis, M Fi Melanoma, Pagets, Gout, FB react

• Etiopathogenesis: of Transepidermal Elimination

o the epid. becomes hyperplastic & surrounds the abnl CT. Just as it appears to do with Wood splinters & other FBs.

o in Acquired perforating dermatosis = pruritus & chronic itching  
 → epith. hyperplasia (as in Prunigo Nodularis, so many patients have both diseases)

Familial

Discussion

## 1. Reactive Perforating Collagenosis (RPC): -

- rare familial disorder (AR)
- start in childhood.

Koebner → Superficial Trauma  $\xrightarrow{3-4 \text{ wks}}$  5-8mm, Keratotic Papules  
usually on Hands & arms  $\xrightarrow{6-8 \text{ wks}}$  spontaneous resolution

• Varieties: -

- Non-familial  
Severe Trauma → Verrucous Papules
- ① Linear Type (Koebner).
  - ② Verrucous Types
  - ③ Acquired Type: in adulthood, in ass. w/ DM or RF (so better classified as Acq. Perf. dermatosis but its Histopath is identical to Familial RPC)

NB

- Eliminated material: is Collagen
- Koebner: is seen in all types of perforating dermatoses (but More Marked in RPC).

## 2. Elastosis Perforans Serpiginosa (EPS): -

- Childhood or Early adulthood.

→ 2-5 mm Keratotic Papules arranged in Serpiginous pattern usually on lat. Neck <sup>Ext. cub. fossa</sup> (but + Face, Neck, arms, Flexures)

→ usually persist for several years (some cases may show Spont. resolution)

it may be ass. with: Genetic, Drug, RF

### ① Genetic diseases (40%) ✓

- Down synd.
- Marfan "
- Ehler-Danlos
- osteogenesis Imperfecta
- PXE
- Rothmund-Thomson synd.

### ② D-Penicillamine associated.

### ③ RF or DM (Acquired Perf. dermatosis).

### 3 Acquired perforating dermatosis:

- شکل (۱۳)  $\left\{ \begin{array}{l} \text{Kyrle's dis} \\ \text{Acq RPC} \\ \text{EPS} \\ \text{Perf. folliculitis (rare)} \end{array} \right\}$  by some authors
- It includes any perforating dermatosis ch' by:

① start in adulthood.

② usually ass  $\bar{e}$   $\left\{ \begin{array}{l} \text{DM} \\ \text{ACRF pruritus (xerosis) (10\%)} \\ \text{Hepatic pruritus} \\ \text{Malignancy} \\ \text{CHF} \end{array} \right.$   
 (rarely) ass  $\bar{e}$   $\left\{ \begin{array}{l} \text{Hepatic pruritus} \\ \text{Malignancy} \\ \text{CHF} \end{array} \right.$

• CIP: Follicular & Non-Follicular Hyperkeratotic Papules & Nodules usually on Legs but  $\pm$  Generalized.

HL

- Kyrle disease was first described in 1916 by Kyrle as 'hyperkeratosis follicularis et peria follicularis in cutem penetrans' or 'follicularis et para follicularis' to emphasize that not all lesions were proved to be centered on follicles; It identified as a perforating disease. To this day controversy remains about the classification of Kyrle disease - is it a distinct disease entity, part of the spectrum of acquired perforating dermatosis or a subtype of acquired perforating collagenosis?
- Largely on the basis of their histologic findings, patients with acquired perforating dermatosis have been variably designated in the literature as having RPC<sup>[17]</sup>, EPS<sup>[2]</sup>, perforating folliculitis<sup>[13]</sup> or perforating pseudoxanthoma elasticum<sup>[18]</sup>. Since the pathologic findings vary from lesion to lesion in the same patient, it seems unwise to subclassify patients in this way. Since some, but not necessarily all, of these lesions appear to be follicular, and since manipulation of the lesions by patients frequently alters the histologic changes, the term 'acquired perforating dermatosis' was proposed to encompass all of these cases

### 4 Perforating Periumbilical Calcific Elastosis: $\left\{ \begin{array}{l} \text{Umbilicus} \\ \text{Black, Mult} \\ \text{Breast} \rightarrow \text{CRF} \end{array} \right.$

- Periumbilical Keratotic Papules usually affect Multiparous Black Women. (other site: Breast)  $\rightarrow$  CRF

در لرینا  
بسی

### 5 Perforating folliculitis:-

- Clinically as ordinary folliculitis but  $\bar{e}$  follicular rupture
- Common in Adults; at Trunk & extremities.
- Eliminated (Material Necrotic).

## Histopathology



in All Types there are → plug of crusting or Hyperkeratosis  
& variable parakeratosis.

- inside the plug (or in epid)   
 < Collagen fibs are seen (in RPC)  
 Elastic " " " (in EPS) → Not Calcified  
 DD PXE

- Dermal CT around the plug shows:-

Verhoeff-van  
Gieson stain:

- Coll → red
- Elastic → black

in RPC → appears unremarkable

in EPS → ↑ amount of (brightly) Eosinophilic  
elastic Tissue.

• Inflamm. infilt (Neut, Eos, Macrophages & Lymphocytes)

## Treatment

### 1- Topical

- Cs
- Emollient
- Retinoids
- Keratolytics
- Benzyl peroxide
- Menthol

### 2. systemic

- Anti histamines.
- Cs
- [ Retinoids
- Antibiotics
- [ MTX
- Charcoal
- Allopurinol (if ↑ OA)

### 3. Others

- ✓ Avoid Trauma
- ✓ phototherapy
- ✓ physical therapy

DIFFERENTIAL DIAGNOSIS OF PERFORATING DISEASES	
Reactive perforating collagenosis and acquired perforating dermatosis	
Excoriations from a variety of causes (prurigo simplex)	
Prurigo nodularis	
Folliculitis	
Arthropod bites	
Perforating of exogenous foreign material	
Perforating of endogenous substances	
Multiple keratoacanthomas	
Dermatofibromas	
If Koebner phenomenon, psoriasis, lichen planus, verrucae	
Elastosis perforans serpiginosa (resembles other annular diseases; see Ch. 20)	
Granuloma annulare	]Common annular diseases = ○
Tinea	
Sarcoidosis	
Actinic granuloma (annular elastolytic giant cell granuloma)	
Perforating pseudoxanthoma elasticum	
Porokeratosis	
Discoid lupus erythematosus	

```

graph TD
    A[Primary perforating disease] --> B[Exclude diabetes mellitus, DM, chronic renal failure CRF]
    A --> C[Exclude drug penicillamine induced]
    A --> D[Family history/childhood onset]
    A --> E[Check for signs of Down syndrome, Ehlers-Danlos syndrome, Osteogenesis imperfecta, Marfan syndrome, Pseudoxanthoma elasticum, Rothmund-Thomson syndrome, Acrogeria]
    B -- "+" --> F[Acquired perforating dermatosis APD]
    C -- "+" --> G[Elastosis perforans serpiginosa EPS]
    D -- "+" --> H["Reactive perforating collagenosis RPC, Elastosis perforans serpiginosa EPS"]
    E -- "+" --> I[Elastosis perforans serpiginosa EPS]
  
```



أصفرى رقيق

# Acanthosis Nigricans

(updated 2010)

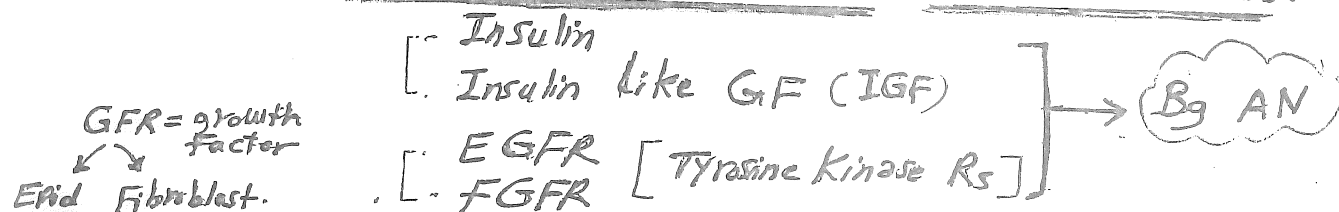
(AN)

Def: Cut. disorder ch by darkening & Papillomatous Hyperkeratosis giving a velvety texture usually affecting Neck & Flexures.

**NB:** AN is not a dis. per se but a Cut. sign of underlying condition or a disease.

Etiopathogenesis = Unknown but ± d.t

① Factors that ++ Epid Kcs & dermal fibroblasts:



Transforming GF-β (Secreted by Tm or in response to Tm)

→ Mg AN

② Perspiration & Friction → عرق و احتكاك  
الجلد

③ Drugs: d.t ++ of IGFRs  
FGFRs

Epidemiology: any but usually adults.

Age { Elderly AN → ± Mg.  
in children → ± Mg (Wilms Tm, Osteogenic Sarcoma)

Sex: M=F

Race More in darker individuals.

Clp: Asympt., Hyperpigmented, Velvety thickening of skin of Neck & Flexures. Warty excrescences ± develop.

Other sites:  
• MM (mouth, Esoph)  
• Eye (lid & Conj.)  
• Areola

• often as skin tag



## Types of AN

### ① Familial (Hereditary) :-

- AD, d.t. ↑ Insulin
- Start at childhood → progress till puberty

↓  
stabilizer or regress

### ② Obesity associated [Most Common]

Marker of < Hyperinsulinemia & Metabolic Synd

↓  
Insulin Resistance

### ③ Mg. ass ch By :

فحص  
Serum Fasting  
Insulin & HOMA  
Test

• Severe & Extensive.

Mucosa  
(25-5%)

Mucosal & Mucocut affect : Mucosal lesions are not pigmented & affects Tongue, oral Commissures, Lips & Eye.

Palms

Palm affects : Tripe palms [Exaggerated dermatoglyphics = Velvety rugose thickening (villi of stomach) of palms]

NB : Tripe palms & Mg may occur alone (25%)

(Mg)

→ Most Common is Gastric adenocarcinoma.

→ AN usually precede the Mg. (6%)

لترکھو پلانا مع بھون  
میلانہ ہوا

### ④ Syndromic AN :

فحوی

لفحوی  
انسولین  
resistance

- HAIRAN Synd (فحوی) (نشانہ)

- Auto immune AN: Anti-IR abs.

- AICTDs

⑤ Drug induced : Nicotinic acid [فحوی], Fucidin & Cps & Cs.

⑥ Unilat (Nevoid) : AD, unilat, Linear (may represent unilat Epid. Nevus).

المقارنة

## Clinical Tips

①

### Pityriasis rotunda

A rare disease with histology of ichthyosis vulgaris and consisting of persistent single or multiple patches of circular, sharply defined ichthyotic scaling, usually 2-3cm in diameter on the trunk or limbs. They develop during adulthood and remain unchanged throughout life. Emollients and keratolytics may help.

②

### Peeling skin syndromes

→ Keratolysis EXF. - في الصيف تتجعد البشرة  
→ Keratolytic Winter Ery. - peeling + Eryth → Cold stress, fever, menses.

Periodic peeling of the superficial layers of the skin resulting from damage to the stratum corneum has different causes. Histologically, there is cleavage within the stratum corneum. There are ③ peeling skin syndromes in which peeling (keratolysis) may be localized to the palms, to the hands and feet or is generalized. Acquired peeling of the palms is the most common condition (keratolysis exfoliativa) and affects the palms of young adults in the summer months probably due to sweating. Lesions appear as tiny white rings or air bubbles, which soon rupture and peel off. Emollients and keratolytics are usually prescribed but are not very effective.

Keratolysis of the hands and feet (Oudtshoorn disease, keratolytic winter erythema) is a rare autosomal dominant disorder which may be precipitated by cold weather, febrile illness, stress and menses and improves by age. There is recurrent combined skin peeling of the hands and palmoplantar erythema. Histologically there is necrobiosis of the Malpighian layer and absence of the overlying granular layer through which the Malpighian layer is ejected. The disease begins at any age from infancy to early adult life. There is cyclical centrifugal peeling in the palms and soles and may spread to the dorsum of hands and feet and inter-digital spaces. Palmoplantar erythema develops and is followed by peeling which occurs in waves resulting in gyrate and polycyclic annular erythema which eventually resolves. Cycles repeat every few weeks and the palms and soles appear normal between attacks. There is no effective treatment.

Generalized skin peeling occurs in the familial peeling skin syndrome. In this autosomal recessive syndrome there is a defect in profilaggrin and histologically the split exists at the corneal granular surface. Generalized superficial peeling starts at birth or in early childhood and is then persistent or periodic. Peeling is not preceded by fever or erythema, and can be produced by rubbing intact skin, especially if pre-soaked in water. Peeling sheets of stratum corneum spread across the trunk and limbs. The palms and soles are spared. Keratolytics and urea creams speed up shedding.

③

### Confluent and reticulate papillomatosis

Aetiology: There is strong evidence of an infective aetiology. The hyperkeratosis may present an abnormal response to microbial products. Response to several antibiotics supports a bacterial contribution.

Histopathology: Hyperkeratosis and papillomatosis are present without acanthosis.

Clinical features: It occurs predominantly in girls beginning around puberty. Flat dry papules up to 5mm in diameter appear between the breasts and in the interscapular area. Neighbouring papules become confluent to form an irregular network. The lesions gradually extend over breasts and up and down the epigastrium and back.

Treatment: Various antibiotics may be effective and minocycline is mostly used. The response to antifungals is variable. Systemic or topical retinoids and topical calcipotriol may also be effective.

### Theories :-

- ① Hormonal → DM, thyroid, obesity, pregn. (wt ↑)
- ② Hereditary (F + ve FH) Malassezia
- ③ Actinomyces (Diet zia)

① العرقه الصيف

② عتبات  
Peeling + Erythema  
(waves + polycyclic or Annular)

③ للمصابة  
تتبدل وتكثف  
تتوزع

- Girls at pub.  
- dry brown pap. →  
- Confluent → Network

⑦ Acral Acanthotic : in dark skin individuals  
at dorsal hands & feet specially the nuckles.

⑧ Generalized : reported in children & out Mg

⑨ Mixed Type : e.g obesity ass + Mg ass.

⑩ Eruptive AN = IEMP

NB : Pseudo AN : refers to AN (Not ass) Mg  
XX (لم يبدى بعد ابيضاح ده حالي)

Pathology : Hyperkeratosis + irregular spiky papillomatosis.

Treatment:

(No Acanthosis +  
No Hyperplasia →  
So misnomer)

1- The primary aim of treatment is to correct the underlying disease process. Often correcting the underlying cause results in resolution of the lesions.

- Correct hyperinsulinaemia through diet and medication
- Lose weight with obesity-associated AN
- Excise or treat underlying tumour
- Stop offending medicines in drug-induced AN

2- There is no specific treatment for AN. Treatments considered are used primarily to improve cosmetic appearance and include topical retinoids, dermabrasion and laser therapy.

NB

حالات كثيرة من AKF بدون انحطاطات ان.  
Trunk lesions - (الفرط) - Acral lesions  
f. Darier

Acrokeratosis verruciformis of Hopf (AD)

Aetiology: The lesions are typical of acral lesions in Darier's disease, but may occur as an isolated autosomal dominant trait. Mutations in the ATP2A2, the gene implicated in Darier's disease, have been found in acrokeratosis verruciformis.

Histopathology: Hyperkeratosis, acanthosis, and a prominent granular layer may be accompanied by papillomatosis and discrete pointed epidermal upgrowths said to resemble church spires.

Clinical features: Flat or convex skin-coloured warty papules are present on the dorsa of the hands and feet, on the knees and elbows, and on the forearm. The condition occurs in both sexes and is usually present at birth or appears in early childhood. Nail lesions may suggest the diagnosis of Darier's disease. The condition resembles extensive plane warts and can be differentiated histopathologically.

Treatment: This is not satisfactory

it May be:  
① Allelic form of Darier  
② Form fruste of Darier.

to diff. from Darier:  
(No Acantholysis  
No Dyskeratosis)

DD - Darier  
Plane Wart like lesions + TVC like lesion  
Acrokeratosis Verruciformis

DD of Plane wart like lesions in early life

بقايا الانحطاطات  
المفردة

د. السومري

## Follicular Keratotic disorders:-

(A) Keratosis pilaris : (AD) Follicular Hyperkeratosis

ch-by : Keratinous follicular plugging (K-P Alfa)  
+  
perifollicular Erythema (K-P Rubra)

Types ① Physiological [Gooseflesh like] <sup>في الجلد الزرة</sup>

→ Childhood - Adolescence

→ plugs ± ass ē hair retention or twisting  
at Extensor limbs

→ Erythematous Component without plugging ± occur  
± improved in "Summer" & age

② Pathological:-

① Idiopathic : ass ē

→ Icthyosis  
→ AD  
→ PC = pachynic Congenita  
→ Ectodermal dysplasia

"Follicular Atrophoderma" → ② Ass. ē Atrophy:

K. p atrophicans (AD)

Faciei (ulcer erythema)

apophryogēs) : Kp ē follicular atrophy at eyebrow & scalp

Atrophoderma (?? AD)  
Vermiculatum at

Chicks & preun-  
cular = atrophic  
worm eaten like  
childhood (5-12y)

Keratosis  
Follicularis

Spinulosa

decalvans

(See CIC)

Alopecia  
Ass ē eye  
Aminogorda

③ Erythromelanosia follicularis faciei et Coli : 2nd deg  
Bilat. symmetrical  
Δ of Erythema + Kp + Hyperpig. at Face & Neck

④ Lichen Spinulosus : Spiny follicular papules (Erythema, any Where)

xx except face, Hands & Feet

Vit A (<30 y/dL)

Vit E

deficiency

⑤ Phrynoderma : Horny plugs @ Perifollicular Papul

⑥ Ker. Circum-  
scriptum

at elbow, knee, Neck

## Pityriasis Rotunda

(2009)

(pit. Circinata).

Def: Asympt., Idiopathic dermatosis ch BY: Well defined, rounded, scaly pigmented patches.

Etiopathogenesis : unknown but ±

- ① Variant of Icthyosis Vulgaris (because of same Histopath.)
- ② Ass. with systemic dis.:-

- Malnutrition
- Mycobact. inf. (TB & Leprosy)
- Mg (Gastric, hepatocellular & MM)
- Liver Cirrhosis
- G6PD deficiency & Favism

Epidemiology: • Age: Usually 20-45 Ys.

• Sex: No predilection.

• Race: • Far east (اليابان, الصين)

• Mediterranean basin (الجزيرة العربية, إيطاليا, إسبانيا)

• Africans, African-Americans.

CIP: • Asymptomatic, non inflammatory, Well defined,  
④ → large (10-30 cm), circular & polycyclic scaly  
④ → pigmented lesions usually on Trunk & extremities.

• NB • lesion may be surrounded by Hypopigment. halo or Totally Hypopigmented.

- So there are 2 varieties: Hypo & Hyperpigment

- Types { Hypo & Hyper  
          Type I & Type II

## Types of Pit. Rotunda (Grimalt classification)

Type I	Type II
<ul style="list-style-type: none"> <li>Affect blacks &amp; Asians. <sup>Mg السود</sup></li> <li>Age &gt; 60y.</li> <li>(-ve) FH</li> <li>Fewer lesions (&lt; 30)</li> <li>→ + May be ass. <u>ē</u> Systemic dis. or internal <u>Mg</u>.</li> </ul>	<ul style="list-style-type: none"> <li>affect Caucasians. <sup>القوقازي</sup></li> <li>Age &lt; 40 ys.</li> <li>→ (+ve) FH</li> <li>Multiple lesions (&gt; 30)</li> <li>(No) ass. systemic dis or int. <u>Mg</u>.</li> </ul>

Histopathology: Similar to Ichthyosis Vulgaris:  
(Hyperkeratosis + Hypogranulosis)

DD: 
 T. Corporis  
 TVC
 

 Leprosy  
 Parapsoriasis

### Treatment (علاج)

- 1 - Correction of underlying possible Etiology eg Malnut. Mg
- 2 - Keratolytics & Emollients.
- 3 - Cs
- 4 - Retinoids (Topical & Systemic)

### 5 Flegel's dis. = Hyperkeratosis lenticularis perstans

- AD, appears at 30 - 40ys.
- Etiopath: defective lamellar (odland bodies) granules (defective lipid content) → Hyperkeratosis.

→ clp: profuse, disc or lens like hyperkeratotic papules at legs & calves ē irregular margins (cornflake sign)

- Removal of scales → easy Hge (op: stucco keratosis)

Hg: Hyperkeratosis, Parakeratosis alternate ← atrophy + Acanthosis

stucco keratosis  
[difficult Hge  
papillomatous  
(not atrophy)]  
i) Parakeratosis  
- HP??  
ii) perforating  
central crust  
or plug.



# Porokeratosis

Def. Porokeratosis is a clonal disorder of keratinization characterized clinically by: annular hyperkeratotic papule or plaque, with a thread-like raised hyperkeratotic border; and histologically by "cornoid lamella".

Etiopathog. KC Hyper proliferative disorder of unknown Etiology; ± related to:

1. Inheritance: AD; (PM) <sup>Mibelli</sup> & PPPD.
2. Immuno Supp.: PPPD ± d.t. Immuno Supp.  
paraMg. & linear p Mg.
3. UVL (sun): DSAP.
4. Mg: porok. is preMg ← also

Epidemiology: Age: childhood <sup>Familial</sup> Adulthood <sup>Linear</sup>  
Sex: All (M) > F except DSAP (F > M). other Types  
Race: (Fair) >> dark (rare)

## Types

- ① Porokeratosis of Mibelli (PM)
- ② Disseminated P. (DP)
- ③ Linear (LP)
- ④ Giant (GP)
- ⑤ PP

## ① Porok. of Mibelli (classical Type)

### ○ Papule/plaque(s)

- single (but ± Multiple)
- Asympt. (but ± itchy)
- Anywhere (but ++ at extremities)
- Hyperkeratotic ± chic.

### Both:

Border.

Center.

○ Well-defined, raised (Ridge), thready ± Thin-Central longitudinal furrow (Great Wall of China effect)

### ○ Atrophic

± Hypo or Hyperpigment or  
 ↓ Anhidrotic & Hairless.

○ ± Verrucous

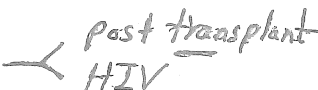
(Superf.)  
 DSP = [2] Disseminated ± Parakeratosis: (Multiple lesions)

- Bilateral, symmetrical & sparing 

- SubTypes:

① Disseminated Superficial Actinic (DSAP)

at sun exposed areas specially legs

② Immuno supp ass: 

③ HCV ass

④ childhood (AD, 5-10ys)

(Mg) ass ← ③ Linear P = M=F, childhood, <sup>unilat.</sup> Linear. Blaschkoid distrib. at limbs.

④ Giant Perok.: diameter > 20 cm, Edge > 1 cm

- at foot

- Highels Incid. of (Mg).

⑤ Palmoplantar porok.: Multiple, Minute Hypokeratotic papules & minimally elevated border & with Atrophic center.

DB:-

- punctate ppk
- Wart

Types  PPP = Porok. palmaris et plantaris disseminata

punctate parakeratosis of Mantoux

⑥ Syndromic Porok.

Parakeratotic Cells:-

→ deeply, Basophilic Pyknotic Nucleus.

→ Cytop. pink = eos.

Parakeratotic column: extending from keratotic in vagination of epid.

HP  Cornoid Lamella 

- Granular layer → Absent x
- Spinous layer → Dyskeratotic & perinuclear Halo
- Dermis: mild infilt.
  - dilated capillaries
  - ± Amyloid.

- Center of lesion
  - Atrophic
  - Hydropic degen.
  - Flattening of R
  - Amyloid deposit



dist. edge line

• NB: on Cornoid lamella

- Marked in P. Mibelli & less Marked in the other Types (Corresponding to the less elevated border in these Types)

- other dis. in Cornoid lamella

- AK
- Warts
- Ichthyosis

All types of parok. undergo Mg (7-11%)  
Transformation (BCC, SCC, Bowens) But

↑ Highest in Giant P. X No Mg in punctate parakeratosis of Montau

Treatment → No HH

• sun-protectn

• Mg.

→ no sun pro tection

✓ Treatments:  
- Emollients  
- Keratolytics  
- Retinoids  
→ 5-FU  
→ Vit-D  
- destructn: surgical or Co<sub>2</sub>.

## DD of PP Keratoses

- 2  
عق  
[ - Punctate Keratoderma  
- " Porokeratosis

Spiny Keratoderma

VS

Spiny Hyperkeratosis

- 3  
عق  
[ - Spiny Keratoderma  
- Spiny Hyperkeratosis (MMDH)  
- PP filiform "

PP. filiform Hyperk

others

Darrier

Arsenicap

Cow den

Myeloma

MM related  
specules

- MMDH = Spiny Hyperkeratosis

Et: 1. AD (early onset)

2 - Trauma : sun, radioth.

3 - drugs Cs, Etrinate

7-0-07 → - Mg : MM-related specules  
± Type of MMDH.

CIP : Non-follicular spiny  
projections at trunk &  
extremities.

HP: ③ Varieties

I: Parakeratotic Column (Cornoid)  
lamellae

II: orthokeratotic "

III: parakeratotic Eccrine  
ostial & dermal duct  
Nevus (sweat duct parakeratosis)

III

- Keratolytics

- Retinoids

- 5Fu

Spiny Keratoderma

CIP: firm PP Keratotic  
projections.

Et: ① Familial (AD)

② Mg ass Cancer (lung, kidney, stomach)  
Leukemia, SCC, MM

③ Bg: Darker, Hyperlipidemia.

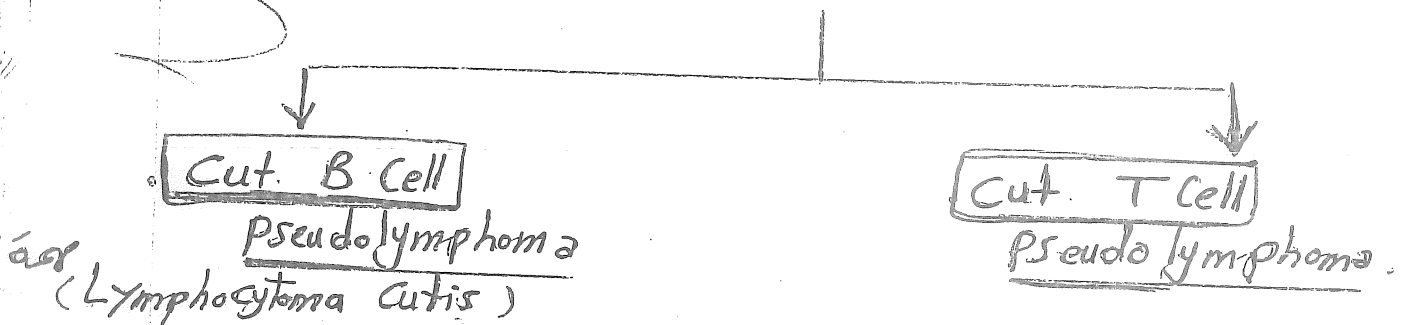
HP: Parakeratotic Columns  
± Hypogranulosis  
(No Dyskeratosis No vacuolar degen.)

Cut. Pseudolymphomas =  
Cut lymphoid Hyperplasia  
(CLH)

Def Heterogenous groups of disorders char by  
mixed T & B Cell lymphoproliferative process  
Wike  $\left\{ \begin{array}{l} \text{clinically: (Bg)} \\ \text{Histologically: simulating M\&L Lymphomas} \end{array} \right.$  mixed = Not clonal  
(So called Pseudolymphomas).

Classification: most cases of Pseudolymphomas (CLH)  
contain mixed T & B Cells but one cell  
may predominate.

So: According to the predominant  
cells can be classified into:-



Aet ① Idiopathic: most cases  
② Reaction to:

- tattoo & Acupuncture
- Jewellery & Gold earring
- Insect bite
- Scabies (Nodular scabies)
- Trauma
- Vaccination
- Medication (Anticonvulsants)
- Inf. (Borrelia - H. pylori - Molluscum), Filaria

Now  
classified  
as  
(STCL)

- ① Idiopathic (most)
- ② Drugs (Anti-Conv.  
sp. phenytoin) →  
Drug induced Pseudol.  
Synd.
- ③ Actinic Reticuloid.  
(Pseudolymphomatous  
Actinic Reticuloid →  
at sunexposed)
- ④ APACHE
- ⑤ Jessner

also  
HIV

# Types of Pseudolymphoma

## B-cell Pseudolymphoma (Most cases)

(Lymphocytoma cutis) or

("adenosis benigna")

Cutis

Clinically

Age:

any (Common 20-40) but

Borrelia

Childhood

Nodule(s)

or papule

Single or few

Asympt

Soft doughy or firm (+++)

Skin colored, red, brown

Scaly or crusted or No surface changes (+++)

Site

Commonest → face

2nd Common → chest & upper Extrem.

Borrelia → cold areas as (Chic sites)

Nipple, Axilla, Scrotum, Nose, Earlobe

Pathologically

Stimulating B cell Lymphoma (CBCL) =

Lymphocytic Lymphoma

(وفاة في 2 أسابيع)

## T-cell Pseudolymphoma

2 Histological Varieties

①

Band-like & perivascular infiltr

(Common)

Clinically: MF like

(do not restricted to sunprotected areas as MF)

Pathologically: as MF

Solitary or few lesions

- band like infiltr.

mild Epidermotropism (<MF)

Marked spongiosis (>MF)

No Pautrier Microabscesses

Acanthosis

MF ليس له الحرق و قد لا فرق

②

Nodular Pattern

Less common

Clinically: CBCL like (B cell lymphoma like) =

Nodules

Pathologically: -

Nodular infiltr of T cells

No Grenz Zone

No epidermo

Propria

# Diff. bet CLH & M<sub>g</sub> Lymphoma

(cuz most cases of CLH simulating Bcell Lymphoma, the comparison will be bet. the 2)

## CLH (Lymphocytoma cutis)

### A. Infiltration ch by:

- Patterned (Nodular)
- "Top heavy"
- Grenz Zone ±
- mixed infil.
- Germinal follicles with
  - Mantle Zone
  - Tingible-body Macrophages

### B. No Appendageal affection.

### C. Immunophenotyping: (polyclonal)

- T & B Cells
- mixed CD4<sup>+</sup> & CD8<sup>+</sup>
- mixed Kappa & Lambda Expression
- Bcl-2 only on T Lymphocytes.??

## CBCL (Lymphocytic Lymphoma)

### Infiltr. ch by:

- Diffuse (Indian filling)
- Bottom Heavy (deep dermis & s.c)
- ± Grenz Zone
- Lymphocytic infil. (only B Lymphocytes) (Monoclonal)
- No Germinal follicles
- No mantle zone
- No Tingible-body

### • Appendageal destruction

### • Immunophenotyping: (Monoclonal)

- uniform B Lymphocytes
- Restricted Kappa or Lambda Expression.
- Bcl-2 on Neoplastic B Cells (Some cases).

## CIP

### NB:

- Solitary/few
- children & adults
- ± Known Etiology
- Multiple
- Adults
- ??

Mantle Zone: Zone of Small Lymphocytes cuffed (surround) around the Germinal Follicles.

Tingible body Macrophages: Macrophages that engulf fragments of Lymphocyte nuclei (condensed chromatin).

(CBCL)

NB: DD: "Idiopathic facial Aseptic granuloma"

any

Botrelia Pseudolymphoma (usually B) :-

- c { @ children (genitalia)  
o Cold areas < Nose also: Nipple, Areola, Scrotum  
Ear  
HX { History of Tic bite.  
sero { (+ve) Serum Antibs (Serology).

Drug induced Pseudolymphoma (usually T cell):

Called: Drug induced Pseudolymphoma Synd.

- Anti Convulsants
- Anti psychotic
- Antimalarial
- ACE-I

Commonest:

phenytoin  
Carbamazepine

others:

التهاب  
الحساسية

دكتورة قنط

APACHE: "Acral Pseudolymphomatous Angiokeratoma of children"

قدما → Was originally thought as a Vascular Nevus but now proved as Pseudo-Lymphoma.

بـ → differs from other pseudolymphomas in:-

- LA Circumscriptum
- Verrucous Hemangioma
- acral → ① Favors Extremities (Acral)
- child → ② - Age: 2-16 Ys
- angiokeratoma → ③. unilat grouped Red Violet Papules & Plaques (Angioma)

# Try Cut. Lymphomas

Hodgkins  
(rare)

Non Hodgkins  
(Most Cut. Lymphomas are non Hodgkins)

Acc. to the  
origin

Cut. T Cell Lymphomas (CTCL)

Cut. B cell Lymphomas  
(CBCL)

Can be classified Acc. to:

WHO & EORTC into: 2 types (HL)  
(European organization for research & treat of cancer) (2005)

• Indolent (low grade, slowly growing)

• Aggressive

1. MF (65%)

2. MF Variants:

- Folliculotropic MF.
- Pagetoid Reticulosis.
- Granulomatous slack skin

3. CD30 +ve:

- Lymphomatoid papulosis
- Anaplastic Large.

4. S.C panniculitis Like  
(CD3+, CD4-, CD8-, CD56-)

5. CD4 small / medium pleomorphic  
(CD3+, CD4+, CD56-, CD8-)

1. Sezary Synd

2. Adult T cell / Leukemia / Lymphoma

3. CD8: Aggressive Epidermotropic

blz ١٨ → 4. NK/T: Nasal Type  
EBV, Leishman, deep fungal  
(destructive, mid facial trunk ulcerating)

5. γ/δ T

6. Peripheral TCL (Nos)

تصنيف

نسبة الإصابة	تصنيف
(65%) MF Sezary	CTCL
(25%) CD30+	Indolent
(10%) ليفي	Aggressive
	MF
	MF Variant
	CD30+ LYP
	Sezary
	CD8 cTCL
	Aggressive.

## Treatment of CLH

1. - Remove the Cause  $\begin{matrix} \nearrow \text{Drugs} \\ \searrow \text{Insect} \end{matrix}$
  2. - Cs  $\begin{matrix} \nearrow \text{Topical} \\ \searrow \text{Intralesional} \end{matrix}$
  3. - surgical Excision.
  4. - Radiotherapy.
  5. - Antimalarial.
  6. - PDT.
-



MF (MYcosis Fungoides)

(Alibert-Bazin Type)

(updated 2013)

Def → Commonest Type of CTCL (65%) that's has Indolent course d.t Mg prolif of CD4.

AET → unknown but ± d.t.

- Genetic (Genotraumatic Tcell prolif) [Genetic instability → clonal prolif.]
- Infection  $\left\{ \begin{array}{l} H. pylori \\ Borrelia \\ HZLV1 \end{array} \right.$
- Immunological (Th2 profile, ↓ CD8) [↑ IL4, 8, 6, 10] (↓ IFN-γ)

Epidemiology

- Age: Any, but commonest around 50 ys
- Sex: (M) > F
- Incid: (0.5 / 100,000) (د. بلاك من مله من 100,000)

• CIP 3 stages [site < Covered areas of trunk & buttocks]

1 Patch stage

2 plaque stage

3 Tm stage

ECZ. or psoriasis like

Sometimes with atrophy or poikiloderma.

• ECZema or PSoriasis like

(MYCotic Stage)

Large, Nodules & plaques that may ulcerate.

Pathology: Non specific

So it is  $\left\{ \begin{array}{l} \text{Clinically: non specific} \\ \text{Pathologically: non specific} \end{array} \right.$

So How to suspect ??

Sometimes with Arciform, Annular or polycyclic Pattern.

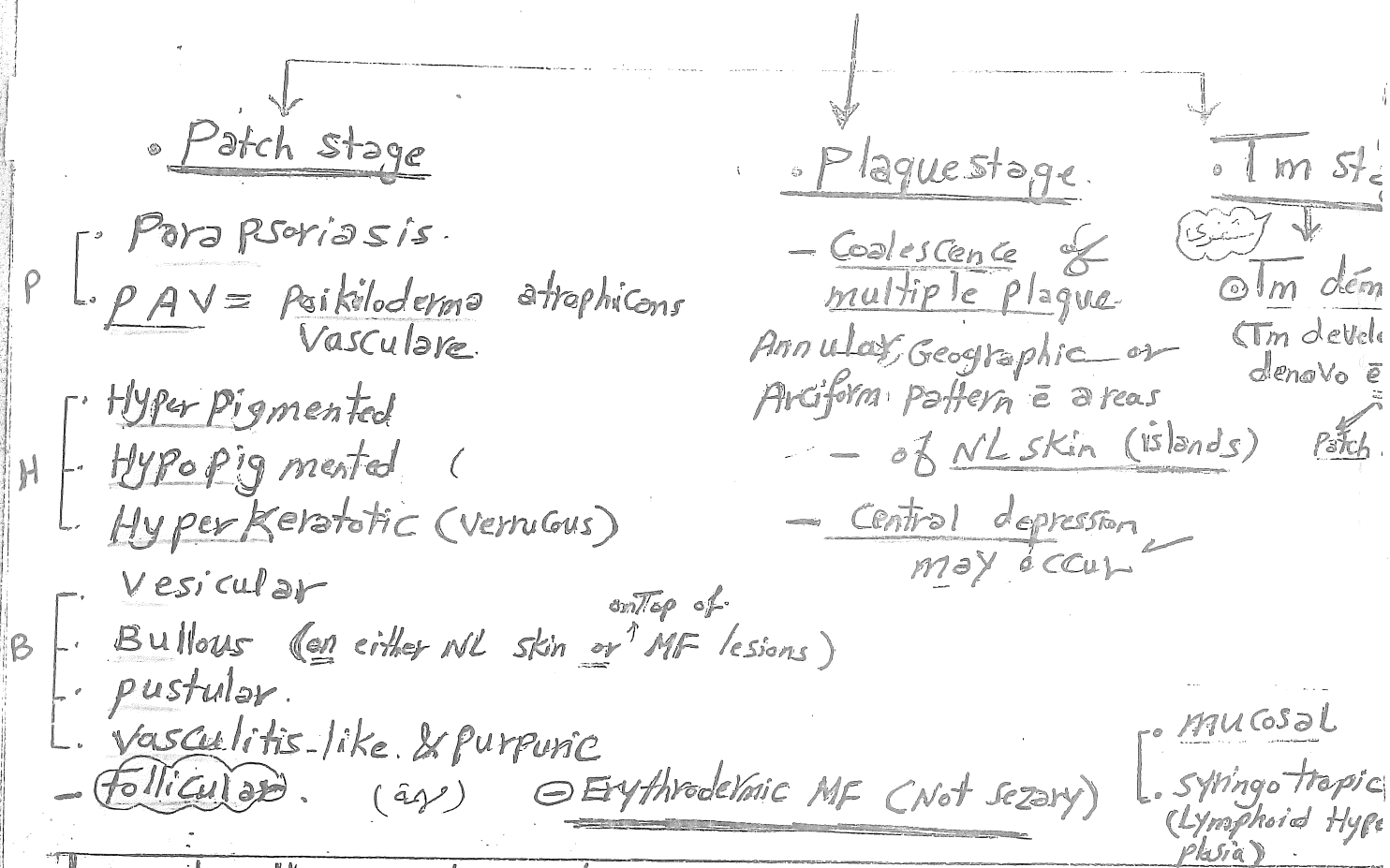
If ECZ. shows 1. persistent itching despite of adequate TH of ECZ. بارف

2. Reticulation.
3. Vivid Coloration (الوان حمر وبنفسجيه)
4. bizarre configurations

Biopsy  $\rightarrow$  Topical  $\rightarrow$  ...

NB A fourth stage may be described - 4 Erythrodermic Stage (Erythrodermic MF)

- Each stage may have many clinical varieties.



NB: other similar Classification:-

- 1- premycotic stage (Patch / plaque stage)
- 2- Mycotic stage (Tm stage)

Q

Sc, MF is considered as "Great Imitator" as it may be presented by any picture

Q

Great Imitators in Dermatology:-

- MF
- Sarcoidosis
- \$
- Leprosy
- Scabies
- Drug Erupto

المرتب

Cause of Death

Systemic involvement.

Immuno suppression

opportunistic Inf.

تبعي باي صورة

# Classification of MF (MF & SS)

**[T]** 0 → lesion is suspicious clinically &/or pathologically  
 (Tm) 1 → localized patch / plaque < 10% BSA  
 2 → Generalized " " > 10% BSA  
 3 → Tm (Mycotic)  
 4 → Erythroderma.

**[N]** 0 → No L.N  
 (L.N) 1 — Clinically: Enlarged  
 Pathologically: Free  
 2 — Clinically: Enlarged  
 Pathologically: involved (but) without Effacement.  
 3: → as 2 + Architecture effacement.

**[M]** 0 → No visceral affection  
 (Meta-stasis) 1 → Visceral affection.

**[B]** 0 - < 5% of Lym. plaque  
 (Blood) Sezary Cells  
 ① > 5% (or < 1000 cells) Sezary Cells  
 ② ≥ 1000 / μL > 1000 Sezary Cells + (+) V clone.  
 (15%)  
 0 & 1 'Sezary phenomenon'  
 only Mg cell فيه  
 e architecture لم  
 في الطبقي

(Sy. Mz) **Staging** (Ref) (H of skin dis. 2012) (Emed. 2013)  
 (طريقين)

**[A] 1st Method**

Stage 1:

A: patched plaques < 10% BSA. (T<sub>1</sub>)  
 B: " " > 10% " (T<sub>2</sub>)

Stage 2: as stage 1 +

A: Non Mg L.N (< clinically M  
 HP: - Ve = Dermat. stage N<sub>1</sub>  
 pathic) (T<sub>3</sub>)  
 B: cut. Tm (Mycotic stage).

Stage 3: → Erythroderma (T<sub>4</sub>)

Stage 4:

A<sub>1</sub>: Erythroderma + Blood involvement (T<sub>4</sub>) (B)  
 A<sub>2</sub>: Mg Nodal e Total effacement (N<sub>3</sub>)  
 B: Visceral Involvement (Lung, Liver, BM). (M<sub>1</sub>)

**B. 2nd Method**  
 (TNM)

# InvS for MF

(Ref: Skin dis. 2012)

## ① Skin Biopsy: for ③

i. Histopathology (HP)

ii. Immunophenotyping

iii. T-cell Receptor (TCR) Gene analysis

HL

deletion in Suppressor Genes

(IV) Genetic Testing

Ad. on (ref. 1P)

PTEN deletion on chromosome 10q

② L.N Biopsy (if enlarged) → HP  
→ Immunophenotyping  
→ TCR Gene Analysis

3 نق

## ③ Visceral:-

Blood: → Sezary Cell Count (Buffy coat smear)  
→ Immunophenotyping (by flow cytometry)

Liver: LFTs, LDH (pg), Uric acid.

RFTs.

↳ marker of Bulky & Aggressive MF.

مؤشروا التي يوجد بالجلد

CT (thorax, abd, pelvis) (if stage ≥ 2A) → enlarged LN

BMA (if +ve Sezary or Hemat abnormalities)

## ④ HTLV-1 Serology: as a causative Virus.

Immunophenotyping - (Flow cytometry)

Pan-T-cell Markers  
CD2  
CD3  
CD5

classically

- classically:

CD3+, CD4+

CD7-, CD8-, CD26-

(CD8 → CD7)

- Rarely (Aberrant Expression):

CD4-, CD8+ &  
CD4-, CD8-

HP. AC

TCR- Gene analysis: (PCR & SB)

CD8+ (Hypopigmented MF)

T-cell receptor (TCR) gene analysis consists of analysis of DNA from tissue samples for the detection of clonal rearrangements of the TCR genes as a marker of a monoclonal T-cell population. Analysis of TCR genes in MF is now a standard approach that has diagnostic, prognostic and therapeutic implications. Studies are based on sensitive PCR techniques. T-cell clones can be detected in 70% of patients with early stage MF and are almost invariable in patients with later stages of the disease.

The underlying molecular pathogenesis of MF is currently unknown. No disease-specific translocations have been identified, but various abnormalities of tumor-suppressor genes have been detected including overexpression and mutation of p53 in advanced stages of disease. Inactivation of both p15 and p16 genes has also been detected. Frequent allelic losses on 10q have been detected predominantly in late stages of the disease. A specific pattern of chromosomal losses and gains has also been found in MF.

(( حفظاً جيداً ))

# Pathology of MF

(infiltrate of)

Epid → Epidermotropism  
Details → Lichenoid

Epidermis

Epidermotropism: Epidermal

infiltrate by atypical Mg.

Lymphocytes (MF cells or Lutzner cells) that residing

in Basal Cell Layer or str.

Spinosum singly or in groups

Called Pautrier Microabscesses Nests

surrounded by clear Halo

+ Scanty Spongiosis

نخبات

Epidermotropism  
= MF Cells =  
Scanty Spongio-  
sis & Pautrier  
Microabs +  
lichenoid infiltr

in Patch stage:

Non specific  
band like infiltrate  
Histiocytes + Lymphocytes  
+ few epidermot.

- plaque stage  
تقرحات

- Tan stage:  
dermal infiltrate → diffuse  
Epidermotropism → +ve

MF or Lutzner cells = Mg T cells =

- Convuluted
- Cribriform
- Hyperchromatic

Nuclei

NB: Epidermotropism

: Epid infiltrate by ↑ Mg cells. Lymphocytes  
Pagets.  
Pagetoid

infiltrate by (Mg) T-cells  
usually associated with  
↓ Scanty Spongiosis

MF

infiltrate by (B)  
T cells + Marked ↑  
Spongiosis [= Exocytosis]

Inflammatory  
Conditions eg Eczema

المعالجة

# Treatment of MF

(2017)

Stage 1 =  $T_1$   
 $T_2$

1st line (SOT)

2nd line

- Topical Cs
- Emollients
- Topical chemotherapy
- UVB or PUVA
- RePUVA
- IFN  $\alpha 2a$
- TSEB
- oral bexarotene

منع قبل 17 سنة

Stage 2

As 1 +  $N_1$   
 $T_3$

1st line

2nd line

- IFN  $\alpha 2a$
- Local radiotherapy
- MTX
- Bexarotene (oral)

Stage 3 =  $T_4$

1st line

2nd line (as stage 2+)

- IFN  $\alpha 2a$
- MTX (low dose)
- ECP = extraCorporal photopheresis
- PUVA
- TSEB
- Bexarotene
- LN radioth.

Stage 4

$A_1 = T_4 + B$   
 $A_2 = N_3$   
 $B = M_1$

1st line

2nd line

- as stage 2 + Combinat<sup>n</sup> Chemotherapy or L.N radioth.
- Purine-analogues
- Bexarotene
- DAB-IL2
- Diphtheria toxin + IL2

العلاج

* Stage I (skin limited III)	* Stage II	* Stage III: as II+	* Stage IV
<ul style="list-style-type: none"> <li>Topical <ul style="list-style-type: none"> <li>Cs</li> <li>chemoth.</li> <li>Emollients</li> <li>Bexarotene gel.</li> </ul> </li> <li>PUVA</li> <li>RePUVA</li> <li>Ni Mustard or Mechlorethamine (Vulch<sup>tr</sup>) gel → FDA (2013)</li> </ul>	<ul style="list-style-type: none"> <li>IFN <math>\alpha 2a</math></li> <li>Bexarotene</li> <li>MTX</li> <li>Local Radio</li> </ul>	<ul style="list-style-type: none"> <li>ECP ± PUVA</li> <li>TSEB</li> <li>LN radioth.</li> </ul>	<ul style="list-style-type: none"> <li>as I &amp; II +</li> <li>Combinat<sup>n</sup> chemotherapy or L.N radio</li> <li>Bexarotene</li> <li>DAB-IL2</li> </ul>

(i) Topical chemotherapy (stages I & II)

Nitrogen Mustard: 10 mg in 60 ml Water or as aint

Carbimustan (BCNO)

S.E  
BM-  
2ry Mg

(ii) IFN  $\alpha 2a$ : 3 min. IV X3 PW

→ 6 hrs resp. → For 1-1.5 yrs • Mech. → + cytotoxic T cells

- Toxin therapies: Denileukin Difitox (Onzar) is a fusion of diphtheria toxin and IL-2. It is capable of inhibiting protein synthesis in tumor cells expressing high levels of the IL-2 receptor, resulting in cell death. It is given intravenously as 18  $\mu$ g/kg/day for 5 days, repeated every 21 days for 4-8 cycles. Adverse effects include fever, chills, myalgia, nausea and vomiting. Acute hypersensitivity reactions occur in 60% of patients. The response rate is 30% in stage IB - IVA. It may be useful in advanced cases.

18  $\mu$ g/kg/d  
(IV) 5d/3w  
for 5 cycles

## • Retinoids for MF:-

① Isotretinoin  $\rightarrow$  effective specially @ PUVA (RePUVA)

② Bexarotene:-

- Act on RXR  $\rightarrow$  promotes Mg cells apoptosis.

- 2 Types

Topical 1% gel

- FDA for refractory or persistent MF

(IA - IIA)

SE irritat<sup>n</sup>

Systemic

(Oral)

Sezary & refractory MF

Dose: 300 mg/m<sup>2</sup> /d for 4 ms

SE - Hyperlipidemia (↑↑TGs)

- Hypothyroidism.

## • Chemotherapy:-

Single agent  $\rightarrow$  Doxy (doxorubicin)

Multiple  $\rightarrow$  CHOP

cyclophosphamide

Hydroxy  
daunomycin

prednisone.

oncovin

## $\rightarrow$ Recent Ht For MF:-

Autologous BM Transplantat<sup>n</sup>

(or)

Allogenic stem cell



## ② Folliculotropic MF (Alopecia Mucinosa)

2 Types:-

Inflammatory

(Bg)

MF Associated

1. 1st acute chr

2. 2nd (15%)

3. 3rd nodular like

- Erythematous, Indurated or Gelatinous plaques or follicular papules ch By:-

(i) Alopecia (±)

(ii) Severe "itching"

(iii) Mucinorrhea

- (at) Head, Neck, Scalp.

Excl - Any Alopecia Mucinosa in pt > 40 Ys; it may be a follicular MF or will develop

MF (Sg) → Biopsy

Histopath: Mucin Infiltr. + folliculotropism of Hair follicles

Inflamm. Dye  
Dapsone or Sulfas  
Mg  
Dye

prognosis: Bad, corresponds to stage IIB MF. (T3)

HT: Need Aggressive HT.

## ③ Pagetoid Reticulosis → "Localized Acral MF" ch By

NB: P. Reticulosis:

① localized: Wroblewski Kolopp dis

② Generalized: Keffron Goodman dis

- chr. localized < Patch (es) plaque(s) Usually Acral

- long duration

- slow progression

- (Bg) course (No Extra cut. effects & death)

### Pathology

Purely Epidermal

(NB: Reticulosis:

↑ Infiltr. of cells derived from monocytes)

Epidermis

Hyperplastic

Epidermotropism: by

"Pagetoid Haloed" Lymphoid cells

Pagetoid cells (large, sized, cribriform Hyperchromatic Nuclei & Abundant vacuolated cytop. in nests or single). surr. by pale

(Free) Dermis: small Lymphocytes infiltr. (No Mg cells) Histocytes

### Immunophenotyping:

CD3+, CD4+, CD8- (or)

CD3+, CD4-, CD8+

## ④ Granulomatous "Slack" skin

DO (lax skin)

① PXE

② Cutis laxa

Vare Indolent variant ch By Pendulous lax x folds at axilla & groin

Path Granulomatous infiltr.

clonal T Cells CD3+ CD4+ CD8-

± ASS & MF



⑤

Lymphomatoid Papulosis

(2014)

(low grade ctcl)

CD 30 +ve CTCL

Def chr, Recurrent, self healing, Cut disorder that  
(ms → 40%)

- Clinically : → (B9)
- Histologically : → resemble (K1-1) CD30 +ve Mγ Lymphoma

Incid of Ass. Mγ Lymphoma : (5-20%) usually following appearance of Ly.p by upto 20yrs (but may occur Before or with same time of Ly)

Commonest Tms : may develop from Ly.p.

يحول لنوع مزيج

1. CD30 +ve (Anaplastic large cell Lymphoma)
  2. MF
  3. Hodgkin's
- (ALCL) =

NB :

- old classifications : is that Ly.p is T cell pseudolymphoma
- Recently : Low grade Mγ CTCL (CD30+)

CLP : → ① PLEVA like :

(Age: any but  
++ > 50y)

تختلف من it in

1. Larger lesions
2. Fewer
3. ↑ tendency for Necrosis


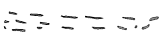

- Recurrent Crops of red Papules (≈ 1cm)  
→ Papulo Vesicular, Papulo Pustular,  
or Hgic then Necrotic Papules 2-8wks  
Spontaneous resolution & Varioliform  
Hypo or Hyperpigmented scars → Recurrent
- Site : any, but Commonest is the Trunk & Extremities

usually : asymptomatic ✓

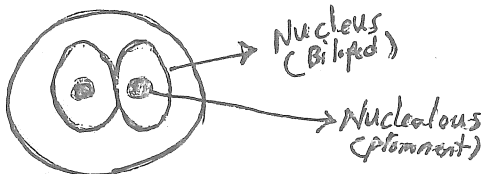
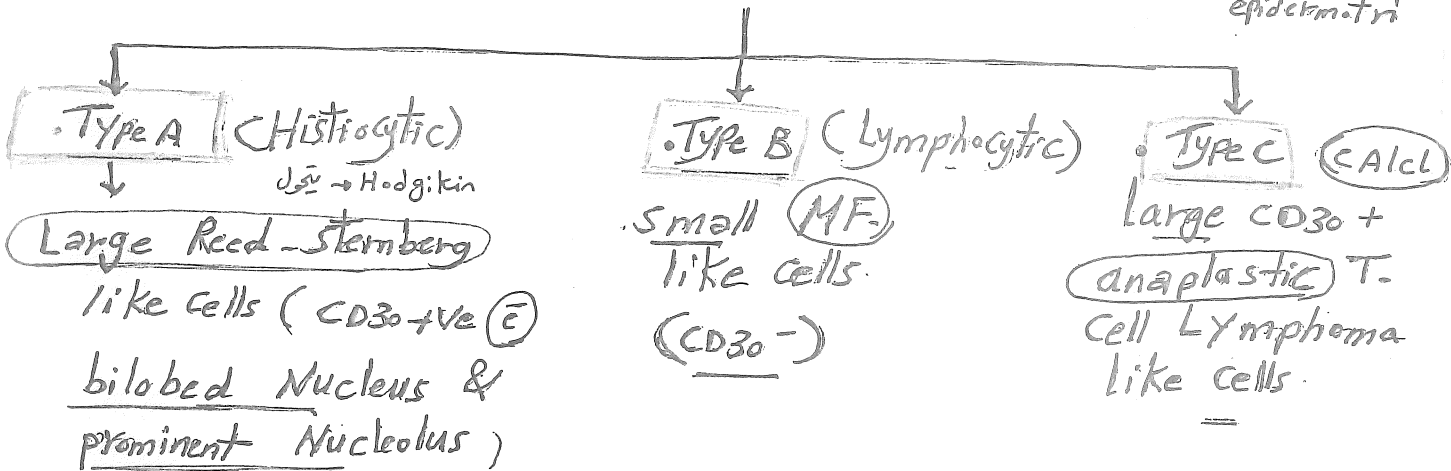
- ② Nodular or plaque Type : ↑ suspicion of Mγ Lymphoma so Called → Border line Ly.p

# Histopathology

- Mixed dermal infiltrate
  - Lymphocytes (atypical)
  - Neut (LEN)
  - Eos
  - Free red cells
- Wedge shaped or band like & perivascular (MF like)

Wedge   
band   
peri. varc 

There are 3 Types of Pathology According to the predominant T. cells. (CD size ... like) epidermotri



OWEL's Eye or Mirror Image Nucleus.

- Epidermotropism (+/-)

(++)

## Treatment

Lymphoma

منع مع العلاج لأنه مش هالين حوت  
Aggressive H. منع حوت  
حد رستين

Most effective → MTX

Others: Dapsone, Cs, phototherapy, Aldara, IFN, Brentuximab (Anti CD30)

• CD30+

• Transmembr. protein of TNF family

• Expressed in : Lyp, AEL, HD, MF

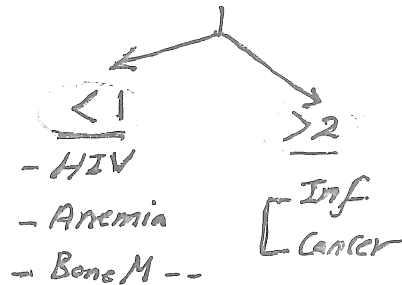
• DeVoscopy of Lyp → Emedicine.

NB.

• CD4 : 500 - 1500 /mm<sup>3</sup>

• CD8 : 150 - 1000

• CD4/CD8  $\simeq 2$



# Histopathology

## 3 Histological Varieties

### 1. Type A (Commonest 75%) & Commonest To develop Lymphoma

- infiltrate
- wedge shaped
- mix of
  - Large atypical lymphocytes
  - Small lymphocytes
  - Neutrophils
  - Eosinophils
- Exocytosis (epidermo tropism & Spongiosis)
- Atypical lymphocytes
  - Large Atypical CD30+ve
  - [Reed-sternberg Like]
  - Mirror Image → (multinucleated or e bilobed Nucleus & prominent Nucleolus) (Owl's Eye)
  - Inclusion like Nucleoli

### 2. Type B (Similar to MF)

- infiltrate
- band like & peri-vascular infilt. (MF like)
- Atypical lymphocytes
  - (Small-medium sized) CD30- MF like (Lutzner) cells

### 3. Type C (Similar to ALCL)

- infiltrate
- Few infiltrate
- Atypical lymphocytes
  - Large Atypical CD30+ve cells

### (Treatment)

\*\* - may be not necessary (doesn't prevent occurrence of Lymphoma)  
So Ht indicated when there are symptoms & when there is Risk of complications

- Superpotent Cs
- PUVA
- BCNU
- MTX "جی ٨١"

# Sezary Syndrome (SS)



Def Aggressive Type of CTCL ch BY Triad of:

Clinically  $\Delta$  of:

Generalized Erythroderma

L.N

Leukemia

usually: cervical, inguinal & axillary

(B2 stage)  
Mg Lymphocytes = Se Cells in Blood  
Absolute Number  $> 1000 / \mu L$   
[B2 stage]

@ Skin: Generalized Erythema & scaling  $\bar{e}$  (2) lichenified Leonine face

o Hair: Alopecia

o Nail: dystrophic

o Eye: oedema & Ectropion

o P.p: Hyperkeratosis of Palm & soles.

Symptoms

- ① pruritus (severe)
- ② Burning
- ③ perspiration

According to the international Society of Lymphoma:  $\geq 1$  Criterion of the following is diagnostic:

- ① Absolute Sezary cells  $> 1000 / \mu L$
- ② Lymphocytosis  $\bar{e}$  +ve clone in Blood
- ③ Immunophenotyping shows any:
  - ①.  $CD4:CD8 > 10$
  - ②. Aberrant expression of Pan-T cell 10 loss: loss of any:  $CD8, CD3, CD4, CD5, CD7$
  - ③. loss of Both  $CD4$  &  $CD5$ .

onset

- ① as Sezary from the start
- ② as MF then Sezary (+)

SS  $\Delta$   $\leftarrow$  Erythroderma  
L.N  
Sezary Cells  $> 1000$ .

NB Sezary Phenomenon presence of Sezary cells in  $N\bar{o} < 1000$  ( $< 15\%$  conc.) & in conditions others than

as:- ① NL individuals  
② ps  
③ Paraps

④ CTCL  
⑤ CBCL  
⑥ Lye

BCC  
DLE  
L.p

"Erythrodermic MF"

# PreSézary Synd

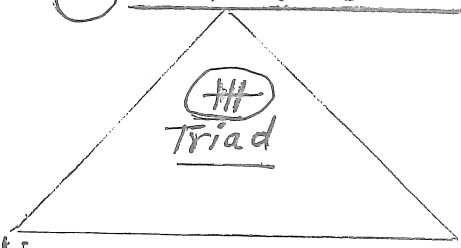
↓  
Non Specific Erythroderma +

few Sézary cells < 15% (< 1000)  
that may progress to SS

\* Path. of SS (purely dermal) as MF but differ in -ve Epidermotropism (Free Monotonous cell infiltr. (dermal & L.N e effacement))

## Treatment:-

① ECP (# of choice; others MTX, Retinoids, IFN $\alpha$ 2)



② Antibiotics (staph. is a leading cause of death)

③ Antipruritic (severe itching)

NSD

## Classification of Erythrodermic CTCL:

- ① Sézary Erythroderma
- ② Erythrodermic MF

Types	• preexisting MF	• Blood
1 - Sézary	• Rare $\pm$	→ Leukemia B2 ✓
2 - Erythrodermic MF	• Always <u>++</u> ✓	• Bo - B1
3 - Erythrodermic CTCL, Not otherwise specified.	• Absent --	• Bo - B1

## 5% Survival Rate in CTCL

- MF & follicular MucinosiS (88% & 80%)
- Pagetoid Ret, Granulom-slack skin
- LXP & ALCL (100%) → Sézary (24%)

- cut. BCL
- FCL : 99%
- MZL : 95%
- DLBCL : 50-65 (Leg > IntraV-a-Sculat)

# ECP

سؤال امتحان

## Extracorporeal photopheresis

(extracorporeal photochemotherapy)

Entered 2014,  
Bologna)

### → Type of photopheresis

- Performed using the UVAR XTS Photopheresis System developed by THERAKOS®, a Johnson & Johnson company.
- The Session involves 3 steps and takes about 3 to 4 hours to complete.

### - Steps :-

#### 1-Step 1: Leukapheresis

5-10% of PT WBCs

This involves intravenously drawing the patient's blood (225ml) is passed through 3 cycles of leukapheresis and separating out and collecting the white blood cells (WBCs) before the rest of the blood is re-infused back into the patient.

علاج الدم

#### 2- Step 2: Photoactivation

The collected WBCs are mixed with psoralen, which makes the T-lymphocyte cells more sensitive to UVA radiation. The treated WBCs are then exposed to UVA.

NB  
oral psoralen

#### 3- Step 3: Re-infusion: The treated WBCs are re-infused back into the patient.

Now local  
Addition of ps

Mechanism of action: unknown but may be due to:

ادخل في

- ① Selective Apoptosis of AbNL T-Cells (عند منطقة تفاعل لونه عدد WBCs)
- ② Immune Tolerance: ↑ Treg cells (CD4, CD25, FoxP3) → T cells & -- APCs → ⊖ Effector
- ③ ↓ products of proinflammatory cytokines (IL12 & TNFα).

### Side effects of ECP?

#### • S-E

- Fever
- Rash
- Hypotension & Tachycardi.
- Anemia
- Thrombocytopenia
- photosensitivity

#### • C-I

- Alpha Killa
- Anemia
- Thrombocytopenia (heparin Induced)
- Pregnancy
- Hypersensitivity
- Cardiac dysf.

#### • precautions

- (i) وقف علاج
- (ii) تجنب لدغ

#### • Criteria of success in MF/Sezary :-

- (i) CD4:CD8 < 10
- (ii) low LDH
- (iii) WBCs < 20,000
- (iv) No L-N or Viscer

(CTCL) جاسين (بوين متاين كل ٤-٥ أسابيع لمدة ٣-٦ أشهر)

(الطبيب ٤-٥ أسابيع)

### Indications :-

- M.S
- PV
- SSC
- GVHD

### Transplantation

- CTCL (MF) (FDA) (1988)
- HIV
- SLE
- EBA

# Parapsoriasis

(D. Essential ??)

(D. Labeled (2014))

Def: groups of papulosq. skin disorders that resemble psoriasis clinically but without specific Histopath.

(NB): - Because of the variation in clinical presentation and a lack of a specific diagnostic finding on histopathology, a uniformly accepted definition of parapsoriasis remains lacking.

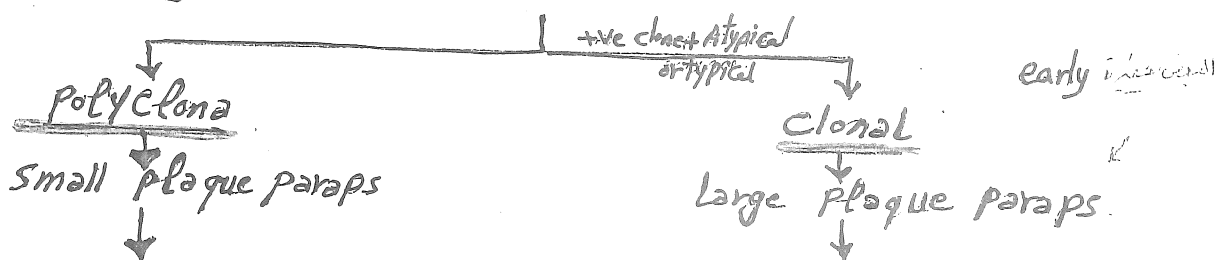
Classification (Types): (Bocoy: 1902)

"فم"

- 1- Small plaque parapsoriasis [Digitate dermatosis, chr. superficial scaly dermatitis]
- 2- Large " " " " " " [ps en plaque]
- 3- pityriasis Lichenoides (Acute & chronic)

• Small & Large plaque para ps.  
(Parapsoriasis en Plaques)

Etiopathogenesis both disorders are Dermatitis ch by superficial cut. lymphoid infiltrate composed primarily of CD4+ T cells. this dermatitis ±:



So (No) progression to MF (reactive process).

So it may progress to MF (if)

MF (if)

Epidemiology:

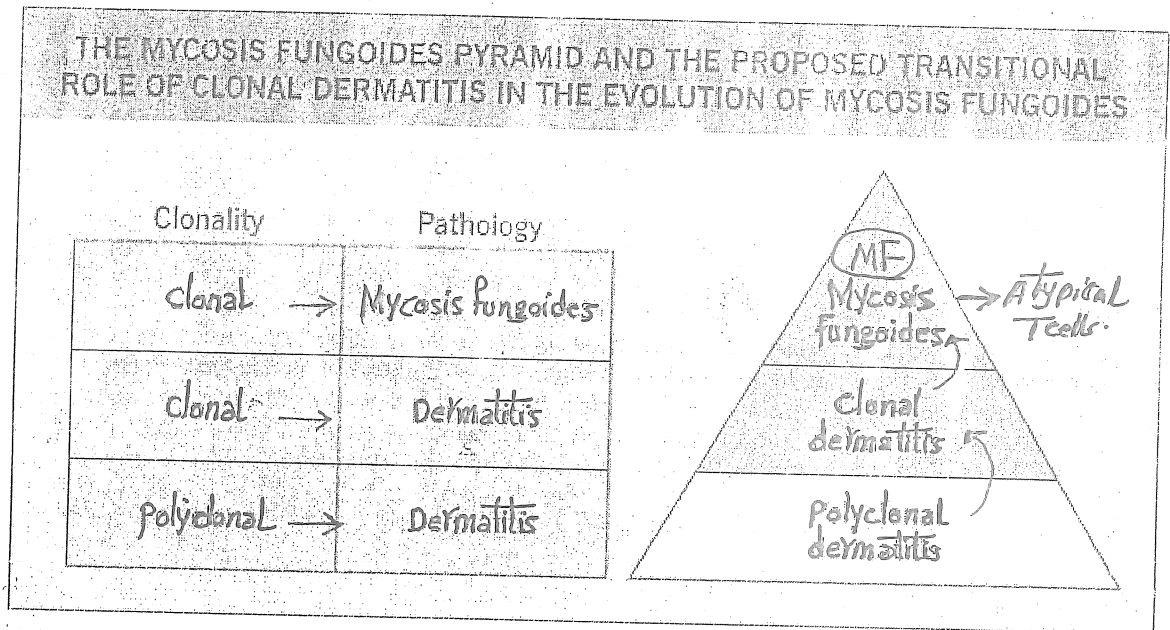
Age ~ (50ys)

SEX: (M > F (3:1))

No atypical Lymphocytes still paraps (pre MF) vs atypical Lymphocytes if is MF



- So Clonal Dermatitis can be defined as: lymphoproliferative disorders that may constitute an intermediate or transitional step bet. chr dermatitis & overt CTCL.
- So MF Pyramid can be envisioned in w some cases evolve from the large No of chr dermatitis cases through the intermediate stage, clonal dermatitis.



### • C/P of Parapsoriasis ✓

Asymptomatic (ormidly pruritic), chr, slightly scaly, light salmon-colored  
oval or rounded patches (± plaques) on Trunk & Extremities

In:

#### Small plaque Type:

- patch < 5 cm. diameter.

- Variants: (> 10cm atypical)

① Digitate type: Elongated, finger-like patches on Trunk.

② Xanthoerythrodermia perstans: - the patches surr. by yellow hue.

• fate: Spont. remission within ms-ys. (rare progression to MF).

#### Large plaque

- patch > 5 cm with atrophic, cigarette paper or tissue paper, wrinkling

Quality

- Variants: -

① Poikilodermatous Type

② Retiform Type: Network or zebra stripe like.

• fate: remission @ MF or progress to MF.  
 (No spont. resolution)

(200) NB: Incidence of progression to MF:

in small plaque P.  $\rightarrow$  Rare.  
in large " "  $\rightarrow$  10% / decade.

Histopathology:

Ackerman expressed that large plaque type is MF

[Spong  
parak  
perivasc

① Small plaque paraps.:  $\rightarrow$  mild non specific spongiotic + polycl. dermatitis & parakeratosis + superficial perivasc lymphoid inf.

② Lichenoid " Large plaque "  $\rightarrow$  as above & there may be lichenoid Lymphocytic infilt. (No spongiosis)

$\rightarrow$  the predominant cells are CD4 T cells  $\bar{e}$  "clonal"  
(+ve) clonality in Large Type & (-ve) clonality in small type)

DD :-

PRINCIPAL DIFFERENTIAL DIAGNOSIS OF SMALL PLAQUE PARAPSORIASIS AND LARGE PLAQUE PARAPSORIASIS	
Small plaque parapsoriasis	Large plaque parapsoriasis
<ul style="list-style-type: none"> <li>- Pityriasis rosea pit rosea</li> <li>- Drug eruption, in particular pityriasis rosea-like</li> <li>- Pityriasis lichenoides chronica plc</li> <li>- Psoriasis ps</li> <li>- Mycosis fungoides MF</li> <li>- Nummular dermatitis ND</li> <li>- Secondary syphilis S</li> </ul>	<ul style="list-style-type: none"> <li>- Mycosis fungoides MF</li> <li>- Drug eruption, in particular mycosis fungoides-like</li> <li>- Psoriasis ps</li> <li>- Poikilodermatous autoimmune connective tissue diseases AICTD,</li> <li>- Poikilodermatous genodermatoses</li> <li>- Chronic radiodermatitis</li> </ul>

Treatment

Small type  $\rightarrow$  assurance about Bg Nature

Large type  $\rightarrow$  should be treated to avoid MF.

(Both)

Follow up

THERAPEUTIC LADDER FOR SMALL PLAQUE PARAPSORIASIS AND LARGE PLAQUE PARAPSORIASIS	
③	Topical corticosteroids (2)
	Topical tacrolimus (3)
	Topical coal tar products (3)
③	Sunlight (2)
	UVB (2)
	PUVA (2)
③	Topical bexarotene (2)
	Topical mechlorethamine <sup>1</sup> (2)
	Topical carmustine <sup>1</sup> (2)
①	Antihistamines <sup>1</sup> (3)

NB: in Both types: Follow up Every  $\rightarrow$  6ms (Large type)  $\rightarrow$  12ms (Small ")

(if) M: size, No, Atrophy, in duration  $\rightarrow$  Biopsy ? MF.

# Pityriasis Lichenoides

Essential 2  
(2014)

Def: T Cell Lymphoproliferative disorder of unknown Etiology

Etiopathogenesis: (3, 2, 1, 2, 1, 2)

Unknown but there are 3 theories

① Hypersensitivity reaction to foreign antigen  
as drugs or infection: eg

↳ Toxoplasma Gondii  
↳ EBV

↳ staph or strept

↳ CMV

↳ HIV

Most Accepted

② T-cell lymphoproliferative disorders with Lesional T cell infiltrate of the following Types:-

(relatively B9 form of ETL)

↳ CD8+, CD30+ (Ki-1) → in PLEVA

↳ CD4+, CD7- → in PLC

NB:

③ Immune-Complex Vasculitis

Classification (Types) of PL:

"Mucha-Hubermann dis"  
"fig 1"

① PLEVA: pit. Lichenoides et Varioliformis Acuta.

② PLC " " chronica.

③ Mixed PL (PLEVA + PLC lesions)

Types	
1	PLEVA
2	PLC
3	Mixed
+	Fibrin ulcers necrosis PLEVA

○ Epidemiology: . Age: usually affect children (3-15yrs)

. Sex: M > F

. Race: (No) predilection

(للتأثيرات الجينية)  
(أولاد ك. د. ك. د.)

### CIP of PLC

#### PLEVA

(Abrupt) onset of Asympt.  
(or pruritic burning) Erythem -

pruritic lichenoid papules rapidly progress to

Hyic Vesicle → crustat<sup>n</sup> → ulcerat<sup>n</sup>

Healing → Varioliform scars.

#### PLC

(gradual) (over days/weeks)

onset of asympt. Erythematous - red brown lichenoid papules + fine scaling

(frosted glass like)

Healing → Hypo → hyperpigment. (Hypo > Hyper)

[NB] lesion ± polymorphic

(lesions at different stages of evolution)

#### Mixed PL

↓  
Polymorphic lesions  
mixed PLEVA & PLC picture

مقارن  
التهتك كظلم  
قشرة واضحة  
في قشر العرس  
Mica Scales

(Site:

lesions usually located at Trunk, buttocks & proximal Extremities.

(Course:

PLEVA → resolve within weeks + pox like scars [Varioliform]

PLC → chr. + exacerbation & remission "Post Hypo pigment. is very common"

(NB

① PLEVA may evolve into PLC

② ulceronecrotic PLEVA is variant from PLEVA

ch<sup>BY</sup>: Necrotic ulcerating lesion + Marked constitutional Manifests.

سؤال

③ - Some studies have suggested that the distribution of the lesion is more important than their acute or chr. Nature in predicting the outcome:-

- Diffuse distribut<sup>n</sup>: shortest course (~ 11ms)

- Peripheral " : longest " (~ 33ms)

- Central " : intermediate

Constitutional sympt + death

**NB**

Febriile ulceronecrotic Mucha-Habermann dis:-

- subtype of PLEVA <sup>Hypersens. to Inf</sup>
- differs from PLEVA in:- <sup>T-cell prolif dis</sup>  
<sup>T-cell dyscrasia = hyperplasia</sup>

① the Necrotic papules develop:

- ulcers: large & crusted.
- Hgic blisters
- pustules

III ① Tetracyclines.

② Immunosuppressives +

Tetracycline ±  
Antivirals

② Very painful

③ systemic manifest

DD	
PLEVA	PLC
- LYP	Guttate
- EM	PR
- DH	\$
- Arthro- pode bite	L.P

- Fever
- Sore throat
- Abd. pain & diarrhoea
- CNS & Lung infection
- Splenomegaly
- Arthritis
- Sepsis
- Anemia

④ death may occur ✓

**HP**

• PLC

- Focal parakeratosis
- NL granular layer
- disappearance of DEJ
- superficial dermal inflt.

• PLEVA

- ↳ Confluent parakeratosis.
- ↳ Hypogranulosis.
- Necrotic ker Bulling
- ↳ VID & intraVascular lymphocytes
- ① Dermal:-
- ↳ Edema.
- ↳ Wedge inflt. (superficial & deep lymphohistiocytic)
- ↳ IntraVascular margination of Neutrophils.
- ↳ RBCs extravasation.
- ↳ Vasculitis.

① Not Necessary ?? <sup>Poor response</sup>  
<sup>relapse</sup>  
<sup>Asympt</sup> III

1st line

- Antibiotics → Tetracyclines → Erythro (200mg / 6 hr for 6 wks - C<sub>60</sub>)
- Phototherapy + Erythro
- Topical CS / Calcineurins → CI<sub>2</sub>

2nd lines

- MTX, Acitretin, Dapsone
- ulceronecrotic → wound care.

# Cut B-cell Lymphomas (CBCL)

< 1% cut  
2% local

Def: Mg prolif. of cut B Lymphocytes; during different stages of development  
- represent (2%) of All cut. Lymphomas.

Etiopathogenesis: starts as reactive inflammatory process  
& in presence of some factors  $\rightarrow$  Malignant;

[1] Immuno deficiency.

[2] defective oncogenic Genes.

[3] oncogenic organisms:

(i) Bact  $\leftarrow$  Borrelia (in MZL)  
H. pylori

(ii) Viruses: HHV8, EBV, HCV, HTLV,

Epidemiology: - Age  
- Sex  $\rightarrow$  Elderly  $\sigma > \rho$

- MR:  $\rightarrow$  in general CBCL has Good  
prognosis:-

5y survival rate is

- FCL & MZL  $\rightarrow$  (95%)

- DLBCL: (20%) (intrav.) (50%) (leg).

## Classification of CBCL (WHO-EORTC 2007)

- Follicle Centre (FCL) (2 subtypes)
- Marginal Zone (MZL) [MAL Type] (2 subtypes)
- Diffuse large (DL)  $\leftarrow$  leg Type  
IntraVascular Type

other Types: (NOS)

- Plasmablastic

- T-cell / Histocytes rich.

MZL subtypes:

- 1% cut.  
"plasmacytoma"

- Immunocyto  
(typical Waldenström  
Macroglob)

FC subtypes:

- Reticulo histo-  
Cytoma of Back

- Cisti Lymphoma

sub Types of non Dry  
intraVascular

- Lymphomatoid  
granulomatosis

- Burkitt L.

- Mantle cell L.

- chr. Lympho-  
cytic leukemia

## Clinical presentation

- General C/P: From a dermatological point of view, they are characterized by asymptomatic, few, relatively fast growing nodules or infiltrations (plaques) - erythematous - itchy - ulcerating - Scalp
- General HP: monomorphic (large or small cell), and the neoplastic cell infiltrate is separated from the epidermis by a collagen band (Grenz zone) Rare cases show epidermotropism and can be confused with mycosis fung

①

النوع  
و  
م  
site

FCL = Center of body

- Head, Neck, Scalp & Trunk (sp. upper back → Crasit type)
- Excellent (except leg & FoxP<sub>2</sub> type)
- Prognosis - Rare extracut. spread.
- ~40% recurrence

ⓧ - few lesions → radiotherapy  
Multiple → Combinat. Chemoth.

②

Mucosa ass. lymphoid tissue

MZL (MALT)

- UL > L.L ± Generalized

as FCL: excellent prog  
(5y survival rate is >95%)

ⓧ - few lesions radio  
Surgical  
Multiple: chemoth.

The 2 Types are Indolent & good prognosis.

poor prognosis

DLBCL

③

Leg Type

- Elderly ♀
- Aggressive & Bad prognosis
- 5y survival <50%
- Common Extracut. spread.
- ⓧ - few lesions → Radio.
- Multiple n & extracut.:
- Chemoth.
- Rituximab.

IntraVascular Type

- M9 B cell infiltr of BVS of skin & CNS
- (No Extravascular M9 cells)
- Skin lesion: as General + Tender & Telangiectatic
- at Trunk & legs
- poor prognosis & extracut. spread

MF  
Vasculof. Tms  
Sarcoidosis

BVS of skin & CNS  
Tender  
ulcerate / النع

Other Types

- plasmablastic dendritic cell Neoplasm
- rare aggressive Type
- Bruise-like plaques & Nodule & CNS spread.
- ± Type of Leukemia cutis.



Pollicle

HP + Immunopheno Typing

SKIN Biopsy  
LN Biopsy

**FCL**

**MZL**

Follicular to diffuse

dermal infiltr by  $\begin{cases} \text{Centrocytes} = (\text{large, cleaved}) \\ \pm \text{Centroblasts} = (\text{large, round}) \end{cases}$

Follicular to diffuse

dermal & S.C.T infiltr

- inverse Centrocytes + Grenz Zone (cleaved cells)
  - Follicular pattern
  - large cleaved cells

By:

- mono- & poly-  $\rightarrow$  ① Monoclonoid cells: (small Med cells e identified Nucl & pale cytopl).
- No anti phagocytes
- ② Lymphoplasma-cytoid (Lpc)

DD: 2ry cut. Lymphoma:

- . Bcl-2  $\pm$  -ve in
- . + (14:18) } PFCL.

**NB** Inverse pattern  $\pm$  seen: darker chromatin rich cells surr. by pale cells.

**DLBCL**

**leg Type**

$\rightarrow$  Diffuse dermal, S.C.T & Adnexal infiltr by large B-cells called  $\begin{cases} \text{Centroblasts or} \\ \text{Immunoblasts} \end{cases}$  + Grenz Zone.

**IntraVascular Type**

- as Leg Type but **Vascular infiltrate**

Cleaved: Nuclear Memb. clefts

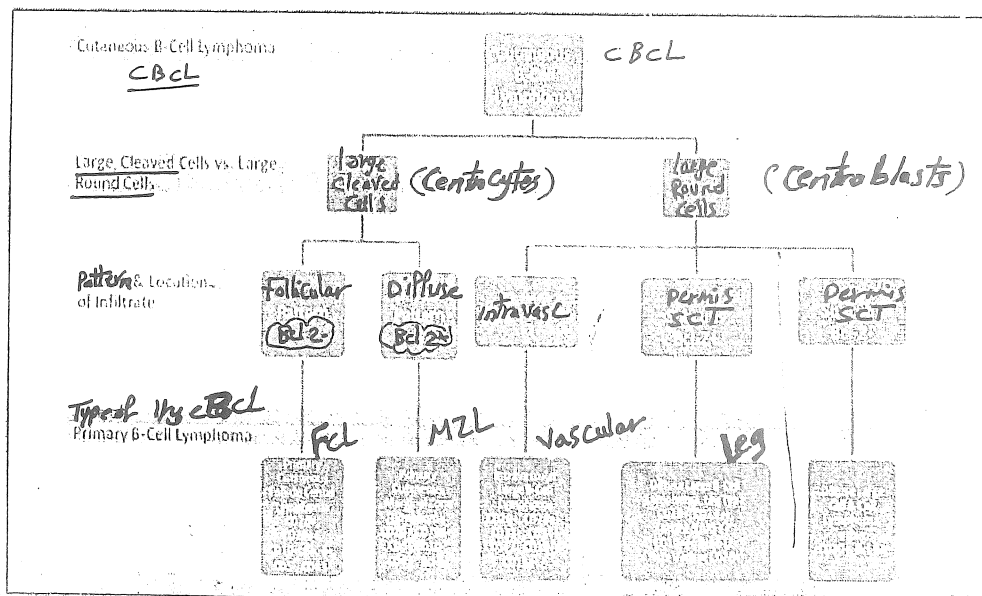


Figure 4. Immunophenotypic algorithm for primary cutaneous B-cell lymphoma